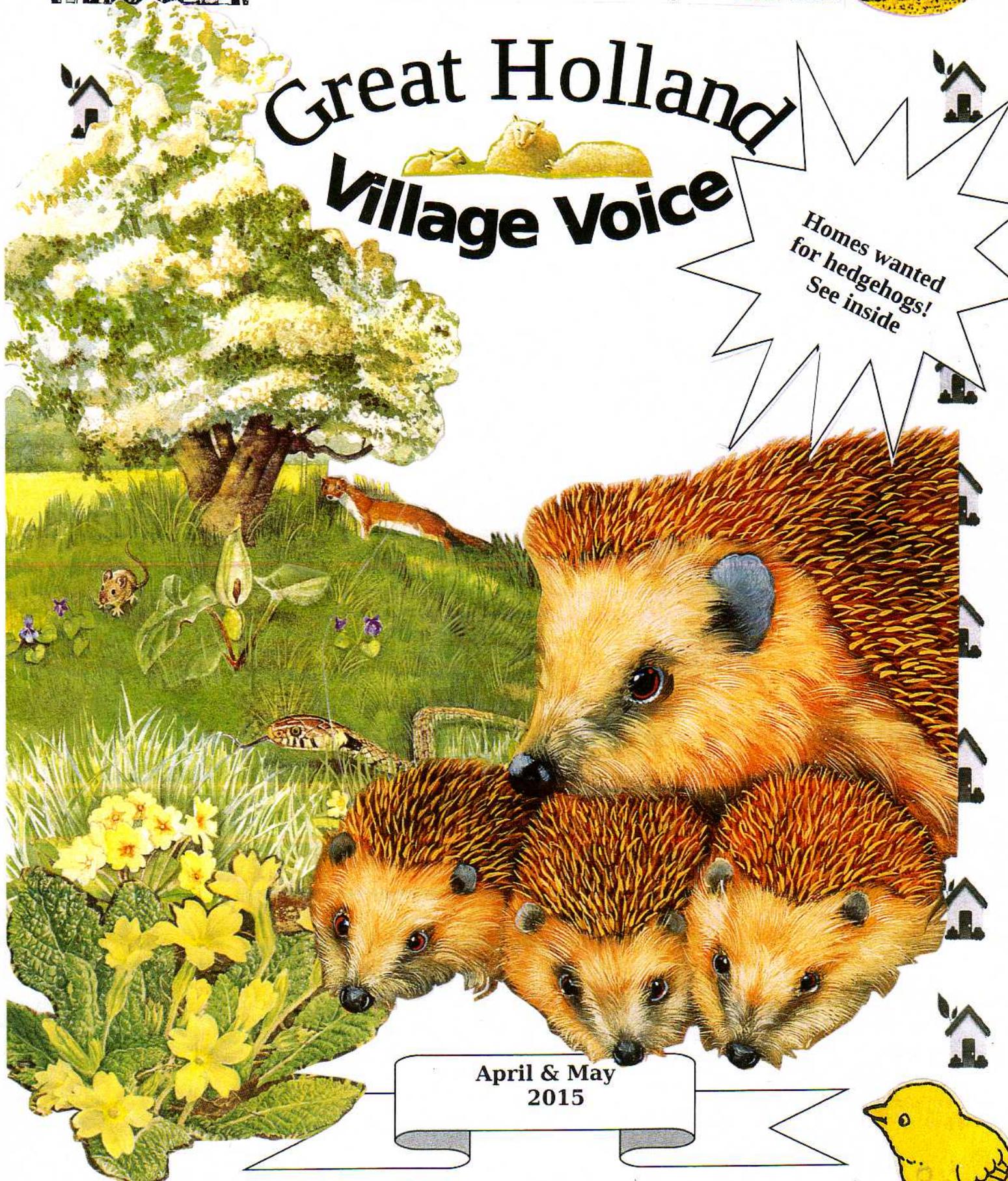




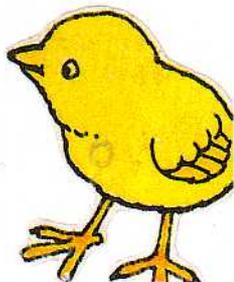
Also available in colour at [www.greatholland.com](http://www.greatholland.com)

# Great Holland Village Voice

Homes wanted  
for hedgehogs!  
See inside



April & May  
2015



70p where sold



.... to the April/May edition of **Village Voice**.

## Included in this edition...

- **What's new at The Ship?**
- **A letter from the Chairman of Great Holland Residents Association**
- **Reminders about the AGM of Great Holland Residents Association on Saturday 9<sup>th</sup> May and the Annual Spring Clean at the Village Hall on Saturday 23<sup>rd</sup> May**



Thank you to everyone who has contributed to this edition of Village Voice. We always welcome new contributors. Is there anything that **YOU** would like us to include in the next edition? For example:

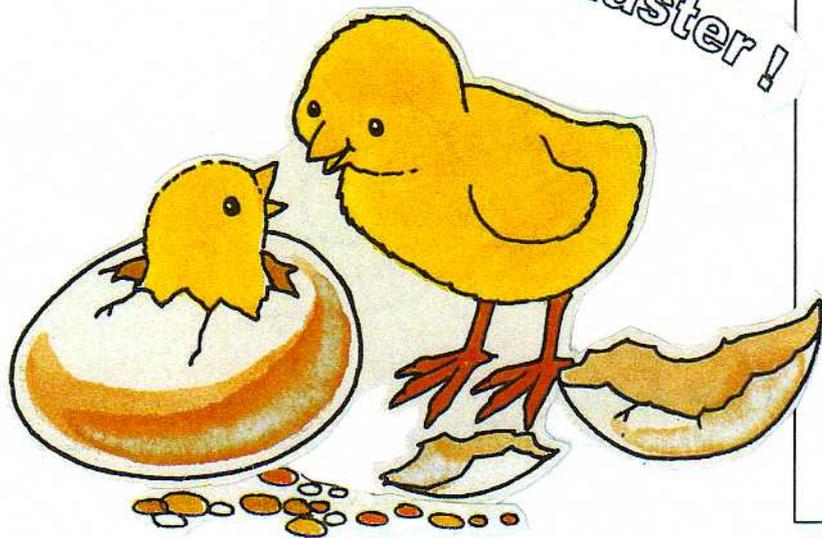
- Are there any events happening in June or July that you wish to publicise?
- Do you have any local news items to be included?
- Do you want to tell other villagers about a local group/club?
- Can you write an article for the magazine?
- Do you want to advertise any items for sale/your business/service?

Please contact Linda on **852195** or Sandra on **672453** with details, two weeks before the printing date if possible. **Please note that Sandra deals with the advertising side of the magazine.** The next edition of Village Voice will be printed on:



**Monday 18<sup>th</sup> May**

**Happy Easter!**



## Contents

- Village Contacts and Local Information
- Dates for your Diary
- All Saints' Church
- Methodist Church
- Village news & articles
- Advertisements



## Village Contacts and Local Information

<b>Member of Parliament</b>	Mr Douglas Carswell MP	<b>423112</b>
<b>Residents' Association</b>	Paul Fletcher-Tomenius (Chair)	<b>675268</b>
<b>All Saints' Church Minister</b>	Rev. Mark Holdaway	<b>675997</b>
<b>Methodist Church Minister</b>	Rev. Eva Walker	<b>851179</b>
<b>Great Holland Village Hall Committee</b>	Ms Sue Jenkins (Chair) Mrs C Harris (Bookings)	<b>850317</b> <b>830136</b>
<b>The Ship Inn</b>	Kat and Leroy	<b>674809</b>
<b>Frinton &amp; Walton Town Council (Incorporating Frinton, Walton, Kirby and Great Holland)</b>	Mrs Myrna Liles (Town Clerk)  Cllr. Mr Christopher Keston	<b>676666</b>  <b>850067</b>
<b>Tendring District Council</b>	Town Hall, Station Road, Clacton CO15 1SE  Cllr. Mr Robert J Bucke Cllr. Mr Mark A Cossens	<b>686868</b> (Emergency/ Out of Hours: <b>2220220</b> ) <b>677495</b> <b>861374</b>
<b>Dog Warden</b>	(Tendring District Council)	<b>0845 2417253</b>
<b>RSPCA</b>	<b>0300 1234 999</b>	
<b>Essex County Council</b>	Cllr. Mr Michael (Mick) Page	<b>672410</b>
<b>Neighbourhood Watch Administrator</b>	Please call <b>101</b> and ask to speak to Paul Teague.	
<b>Crime Reduction Officer</b>	Please call <b>101</b> and ask to speak to David Gillies.	
<b>Crimestoppers</b>	<b>0800 555111</b>	
<b>Essex Police non emergency</b>	<b>101</b>	
<b>Essex Fire &amp; Rescue non emergency</b>	<b>01376 576000</b>	
<b>Citizens Advice Bureau</b>	<b>0844 4770808</b>	
<b>Coastguard Service</b>	<b>01255 675518</b>	
<b>Colchester General</b>	<b>01206 747474</b>	
<b>National Rail Enquiries</b>	<b>08457 484950</b>	
<b>Tendring Dial-a-Ride</b>	<b>01255 436962</b>	
<b>Mobile Library</b>	Calls fortnightly every other Thursday at <b>Rosery Mews</b> only. Arrives 10.00am, departs 10.30am - see Diary page for dates.	
<b>Civic Amenity Tip</b> Maltings Lane, Kirby-le-Soken	<p><b><u>The Civic Amenity Tip is closed Tuesdays and Wednesdays</u></b></p> <p>Opening times:  <b>Winter</b> (16<sup>th</sup> October - end of February): 9.00am- 4.00pm  <b>Summer</b> (1<sup>st</sup> March-15<sup>th</sup> October): 9.00am-5.00pm            Late night opening during summer no longer takes place.</p>	



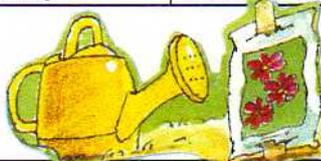
# Dates for your Diary



# April



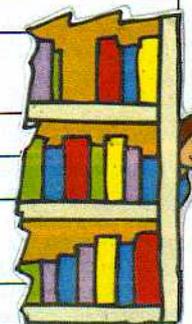
Thursday 2 <sup>nd</sup>	Coffee Morning: Methodist Church, 10.30am-12.00 midday. Meeting of Friends and Neighbours of Great Holland: 2 Great Holland Court, 2.00pm
Saturday 4 <sup>th</sup>	HOME MADE HOUR WITH LIVE MUSIC: Village Hall, 10.00-11.00am.  AGM OF GREAT HOLLAND VILLAGE HALL COMMITTEE: Village Hall, 11.15am.
Thursday 9 <sup>th</sup>	Coffee Morning: Methodist Church, 10.30am-12.00 midday. Mobile Library visits Rosery Mews.
Friday 10 <sup>th</sup>	Street Meets by Essex Police - Come and meet your PCSOs and discuss any issues you may have: Great Holland Village Hall, 10.00-11.00am.
Wednesday 15 <sup>th</sup>	Fun Bingo: Great Holland Methodist Church, 7.00pm. More details inside magazine.
Thursday 16 <sup>th</sup>	Coffee Morning: Methodist Church, 10.30am-12.00 midday.
Friday 17 <sup>th</sup>	Street Meets by Essex Police: Great Holland Village Hall, 10.00-11.00am.
Thursday 23 <sup>rd</sup>	Coffee Morning: Methodist Church, 10.30am-12.00 midday. Mobile Library visits Rosery Mews.
Friday 24 <sup>th</sup>	Street Meets by Essex Police: Great Holland Village Hall, 10.00-11.00am.
Sunday 26 <sup>th</sup>	Charity Quiz Night at The Ship: Starts 8.00pm.
Monday 27 <sup>th</sup>	Great Holland Folk Club: Church Parish Room (next to All Saints' Church), 7.00-9.00pm.
Thursday 30 <sup>th</sup>	Coffee Morning: Methodist Church, 10.30am-12.00 midday.



# May



Saturday 2 <sup>nd</sup>	HOME MADE HOUR WITH LIVE MUSIC: Village Hall, 10.00-11.00am.
Wednesday 6 <sup>th</sup>	Quiz Night with fish & chip supper: Great Holland Methodist Church, 7.00pm. More details inside magazine.
Thursday 7 <sup>th</sup>	Mobile Library visits Rosery Mews. Coffee Morning: Methodist Church, 10.30am-12.00 midday. Meeting of Friends and Neighbours of Great Holland: 2 Great Holland Court, 2.00pm.
Friday 8 <sup>th</sup>	Street Meets by Essex Police: Great Holland Village Hall, 10.00-11.00am.
Saturday 9 <sup>th</sup>	★ AGM OF GREAT HOLLAND RESIDENTS ASSOCIATION: Village Hall, 10.00 for 10.30am.
Thursday 14 <sup>th</sup>	Coffee Morning: Methodist Church, 10.30am-12.00 midday.
Friday 15 <sup>th</sup>	Street Meets by Essex Police: Great Holland Village Hall, 10.00-11.00am.
Thursday 21 <sup>st</sup>	Mobile Library visits Rosery Mews. Coffee Morning: Methodist Church, 10.30am-12.00 midday.
Friday 22 <sup>nd</sup>	Street Meets by Essex Police: Great Holland Village Hall, 10.00-11.00am.
Saturday 23 <sup>rd</sup>	ANNUAL SPRING CLEAN OF VILLAGE HALL: 10.00am-3.00pm. More details inside magazine.
Monday 25 <sup>th</sup>	Great Holland Folk Club: Church Parish Room (next to All Saints' Church), 7.00-9.00pm.
Thursday 28 <sup>th</sup>	Coffee Morning: Methodist Church, 10.30am-12.00 midday.
Friday 29 <sup>th</sup>	Street Meets by Essex Police: Great Holland Village Hall, 10.00-11.00am.
Sunday 31 <sup>st</sup>	Great Holland Pits: Pond Dipping. Charity Quiz Night at The Ship: Starts 8.00pm.



Please ring Kat or Leroy on 674809 for details of forthcoming events at The Ship Inn during April and May.

To include events for June or July in the Diary section of the next edition of **Village Voice**, please contact Linda on 852195 or Sandra on 672453 by 12<sup>th</sup> May.

## All Saints' Church



### Rector's article ...

Predictable endings.

Endings that have happened before and we know will happen again.

Maybe it's the romantic story that we read or watch, with the couple that gradually come closer together, despite the circumstances, and then all seems lost as the relationship seems to break apart through misunderstanding or argument. But we know how the story will end don't we?

Or maybe it's the story with the action hero facing all the odds to win the day. The enemy seems too strong, the mountain too high, the jump too far, but in the end, we know who will win through.

Or maybe it's this year's Ashes series against Australia. The England Cricket Team have given us a few years of hopes and excitement and even victory, but we know that the normal situation will resume this summer when they face Australia. We know how it will end.

Predictable endings.

But try this one.

Someone in a Middle Eastern state which is full of armed soldiers. That someone has no home, and is hated by the authorities, to the extent that he is arrested, charged, tried and convicted of an offence that is punishable by execution. With no concern for justice, the trial is rushed through and he's led out to the site of execution where the soldiers begin their work.

How does it end?

Maybe you've guessed what I'm talking about. The point is this; Easter is NOT predictable. The Easter story is not how we expect it to end. The Easter story turns everything on its head. The Easter story affects all of our endings.

Come and hear more.

At All Saints, we've services on Palm Sunday and Easter Sunday morning. We've an hour to ponder the cross on Good Friday at 2.00pm and fun and crafts for all at St. Michael's, Kirby.

*At St. Michael's, Kirby-le-Soken*

**Good Friday 3<sup>rd</sup> April, 10.00am-12.00noon**

*Easter Eggstravaganza*

Crafts, games, songs, fun and the Easter Story

Lunch provided from 12.00noon (£2 donation for lunch)

*At All Saints', Great Holland*

**Good Friday 3<sup>rd</sup> April, 2.00pm**

*'An Hour at the Cross'*

*Hymns, readings and thoughts*

**Easter Sunday 5<sup>th</sup> April, 11.00am**

*Easter Family Service*

**Mark**

## From All Saints' Diary - APRIL:

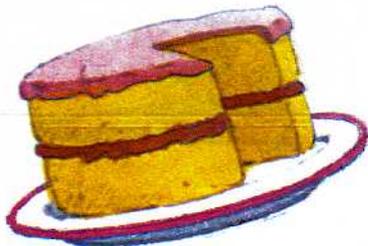
Wednesday	1 <sup>st</sup>	2.00pm	Friendship & Interest Group at St Michael's Church Hall For dates of the Bible Study meetings at the Parish Room at 11.00am please see the notice sheet or church notice board.
Thursday	2 <sup>nd</sup>	7.30pm	Maundy Thursday Service at Homelands Church
<b>GOOD FRIDAY</b>		<b>2.00pm</b>	<b>An Hour by the Cross</b>
Saturday	4 <sup>th</sup>	10.00am	HOME MADE HOUR
<b>Sunday</b>	<b>5<sup>th</sup></b>	<b>11.00am</b>	<b>EASTER DAY All-age Holy Communion</b>
<b>Sunday</b>	<b>12<sup>th</sup></b>	<b>8.00am</b> <b>11.00am</b>	<b>Joint Holy Communion with our friends from St Michael's</b> <b>Morning Worship</b>
Wednesday	15 <sup>th</sup>	2.00pm	Friendship & Interest Group at St Michael's Church Hall
<b>Sunday</b>	<b>19<sup>th</sup></b>	<b>11.00am</b> <b>6.30pm</b>	<b>Holy Communion</b> <b>Deanery Celebration at St James', Clacton</b>
<b>Wednesday</b>	<b>22<sup>nd</sup></b>	<b>7.30pm</b>	<b>APCM in the Parish Room</b>
<b>Saturday</b>	<b>25<sup>th</sup></b>	<b>tba</b>	<b>Wedding of Mark Stephens and Rebecca Gosling</b>
<b>Sunday</b>	<b>26<sup>th</sup></b>	<b>11.00am</b>	<b>Morning Service</b>
Tuesday	28 <sup>th</sup>	2.30pm	'Teapot' at the Baker Hall



## From All Saints' Diary - MAY:

Saturday	2 <sup>nd</sup>	10.00am	HOME MADE HOUR
<b>Sunday</b>	<b>3<sup>rd</sup></b>	<b>11.00am</b>	<b>Morning Worship</b>
Monday	4 <sup>th</sup>		Early May Bank Holiday
Wednesday	5 <sup>th</sup>	2.00pm	Friendship and Interest Group in St Michael's Church Hall
<b>Sunday</b>	<b>10<sup>th</sup></b>	<b>8.00am</b> <b>11.00am</b>	<b>Joint Holy Communion with our friends from St Michael's</b> <b>Morning Worship</b>
<b>Thursday</b>	<b>14<sup>th</sup></b>		<b>ASCENSION DAY</b>
<b>Sunday</b>	<b>17<sup>th</sup></b>	<b>11.00am</b>	<b>Holy Communion</b>
Wednesday	20 <sup>th</sup>	2.00pm	Friendship and Interest Group in St Michael's Church Hall
<b>Sunday</b>	<b>24<sup>th</sup></b>	<b>11.00am</b>	<b>Morning Worship</b>
Monday	25 <sup>th</sup>		Spring Bank Holiday
Tuesday	26 <sup>th</sup>	2.30pm	'Teapot' at the Baker Hall
		7.30pm	Frinton Music Festival: Tonight there will be music by Mozart, Afanassieff and Taneyev. Musicians comprise 3 violinists, 3 violists & 2 cellists. There will also be a peal of bells at 6.40pm. Tickets £15 including a glass of wine.
<b>Sunday</b>	<b>31<sup>st</sup></b>	<b>11.00am</b>	<b>Morning Worship - a joint service with our friends from Kirby</b>





## **Home Made Hours**

Our friendly Home Made Hours help to raise funds for All Saints' Church. **THANK YOU** to everyone who supports these events, particularly those who regularly donate home made/home grown produce for us to sell.

Are YOU able to provide any items for our Home Made Hours, please? We would be particularly grateful for donations of home made cakes, which are always popular. We also welcome home made preserves and any surplus fruit, vegetables or plants from the garden. **If you want to find out more about our Home Made Hours, please contact Nickie Stack on 677984.**

### **ALL SAINTS' PARISH CHURCH WHO'S WHO**



**RECTOR:** Rev. Mark Holdaway, The Rectory, 10 Thorpe Road, Kirby Cross CO13 0LT, (675997)

**CHURCHWARDENS:** John Beale, 5 Malting Lane, Kirby le Soken CO13 0EH (676472) and Judith Little, Lambourn House, Little Clacton Road, Great Holland, CO13 0EY (813645)

**PAROCHIAL CHURCH COUNCIL:** Churchwardens (ex officio), Sheila Watts (ex officio), Don Osler, Vanessa Giles and Ilze Robertson

**HON. SECRETARY TO THE PCC:** Judith Little

**VICE CHAIR TO THE PCC:** John Beale

**HON. TREASURER TO THE PCC:** Sheila Watts c/o The Rectory, 10 Thorpe Road, Kirby Cross CO13 0LT, (675997)

**SIDESPERSIONS:** Rose Batten, Don Osler and Sheila Watts

**MAGAZINE PRODUCTION TEAM:** Sandra Mooney and Linda O'Reilly (Joint Editors), Mim Wilson, Irene Lightowler, Michele Frere, Ingrid Harding, Judith Little, Eric Elsworth, Audrey Warren, June Forrest, Charmian Goundry, Iain Bell, Eileen Derrick, Pauline Knight, Christine Oxford and Chris Crispin (Distributors)

### **Church Hall - All Saints' Great Holland**

The Church Hall is situated next to All Saints' and is available for bookings from the general public. The accommodation comprises a pleasant carpeted room with six easy chairs, plus seating for about a dozen people, a small kitchen with tea/coffee making facilities and microwave, entrance hall and two toilets (one disabled). The cost of hire is £5 per hour from May - September and £7 per hour October - April (to cover extra heating and lighting costs). To hire the Hall please contact **Judith Little** on **813645**.

## Funerals:

We offer our condolences and prayers to the family and friends of :

**Matthew Woods (44)** Halstead Road, Kirby Cross All Saints' and burial at Kirby Cross

## Pam Schaub



The family of the late Mrs Pam Schaub warmly welcome any friends of Pam to a short service at All Saints' Church on Sunday May 10<sup>th</sup> at 2.00pm, after which Pam's ashes will be interred in the churchyard.

## Bells at All Saints'

The response to the short piece in last edition of Village Voice was very gratifying. At the moment, we have several folk grappling with the mysteries of bell ringing, so the next stage is to get the bells overhauled and in good heart for the next ? years.

This has already been started, and various charities are to be asked for financial help to enable the work to be carried out. Thank you Village Voice and thanks to the volunteers, but we have room for more so if you are interested please telephone either **813645** or **676472**.

### John Beale

Churchwarden and Bell Ringer

## Home Made Hours - now with Live Music too!



Thank you to everyone who supported our March Home Made Hour and for the generous donations of home made goods and produce.

Our next Home Made Hours take place on **Saturday 4<sup>th</sup> April** and **Saturday 2<sup>nd</sup> May**. Please join us for tea, coffee, friendly company, the sale of home made cakes, jam, marmalade, trifles, savouries, scones etc, occasional plants/garden produce and live music too. We also have a raffle.

# Great Holland Methodist Church



Dear friends,

I wonder if you like a good book or a good film with a good twist at the end?

I do. That story keeps me reading, even through the early hours of the morning.

That plot keeps me watching the film, even when my eyes are heavy with sleep.

But why?

Because I want to know the twist, I want to find out what is hidden from me.

I might try and guess what the ending might be based on what I have read/seen thus far. And then I get surprised again. And I want to keep on finding out. I get excited about this fictional book or film, about what someone's imagination created. I always hope for the good ending, whatever the twist.

Now let us turn to a real story. The story of someone called Jesus. Imagine. You are taken through the plot of someone proclaiming that he is the Son of God, the promised Messiah.

As you read through the pages you are met with love, radical love, and unconditional love. And we all love to read about real 'love stories'. You can't get a more real 'love story' than this.

And then there is pain, there is violence, there are tears, there is the feeling of loss. The main character, who should have been the hero, seems to be the one that gets the bad ending.

*The question is: Do we get excited about this story, as we do about our other books?*

Do we get filled with hope, because things are not always as they seem, and the ending might have a twist? Do we anticipate that twist? Do we want to stay up into the early hours of the morning to find out what the ending of this story is going to be? Are we full of anticipation of what the twist might be?

My friends, it is easy to just skim read the Easter story- we have heard it so many times, we have read it so many times. Yet, in doing so we might forget the surprise and shock of the resurrection, the greatest twist of any story in the human history.

Because my friends in an amazing twist:

A man convicted is not really guilty.

A cruel instrument of torture and death is really an amazing symbol of grace and hope.

The tomb, the place of the impossibility, becomes the place where new life begins.

In the story of Easter, we are invited to open our eyes to that 'aha' moment, to that amazing invitation to life and life to the fullest.

In the story of Easter, we are invited to be passionate, passionate about the twist, passionate about the God of grace and hope, passionate about new life in this God that knows how to love, really love.

So my friends, this Easter, relive the surprise ending, relive the story with a new passion, relive the reality of a risen Lord and a new life with Him, in Him and through Him.

God's blessings,

**Rev. Eva Walker**

## Great Holland Methodist Church News

On the evening of 30<sup>th</sup> January the **Barn Dance and Supper** proved to be a great success. Our thanks to Liz Bruce who organised a most enjoyable evening, and was exceedingly patient with those of us who were novices or a little rusty with our dancing! It was great fun.

On Wednesday 25<sup>th</sup> February at 7.00pm, a concert by the **Frinton Music Makers** was most enjoyable. We are indebted to Les Glasby and the choir, who presented a varied programme of well known songs, including pieces from Les Miserables, The Sound of Music and My Fair Lady. Donations to St Helena Hospice amounted to £58.50.

A big thank you to everyone who supported these events.

## Forthcoming fun events at Great Holland Methodist Church

**Wednesday 15<sup>th</sup> April**

**7.00pm**

**Fun Bingo (non gambling)**

**FREE EVENING WITH LIGHT REFRESHMENTS**

**Wednesday 6<sup>th</sup> May**

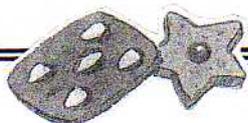
**7.00pm**

**Quiz Night**

**with fish & chip supper**

Tickets cost £5.00 and are available from Ivan on 671811 or Anne on 675065

**PLEASE COME AND JOIN US - WE HAVE GREAT FUN**



**Thursday Coffee Mornings - everyone welcome!**

We hold coffee mornings in Great Holland Methodist Church Hall, every **Thursday morning from 10.30am - 12.00 midday**. Please drop in for coffee, biscuits, toasted teacakes and the chance to make new friends. We also have donated goods for sale. We'd love to see YOU there!

# CONGRATULATIONS! ...

.. to Betty Levy, who celebrated her 90<sup>th</sup> birthday on 18<sup>th</sup> March. Her daughters Pauline and Rosemary arranged a lovely Tea Party, which was held in the Methodist Church Hall. It was a perfect occasion, which Betty thoroughly enjoyed. She was surrounded by her family and friends and lots of lovely cards, flowers, plants and gifts.



*Betty enjoying her Tea Party*

## **Frinton Christian Community Care**

Do you have an appointment we can help you meet?  
Our team of volunteer drivers will be happy to take you and  
bring you back to: Hospitals; Surgeries; Physio's Opticians etc.

**Call on 01255 677000**

Weekdays between 9-11am

(Answerphone available at any other time)

There is no charge for this service but donations are appreciated.

Suggested amounts are:-

<b>Local</b>	<b>£4</b>	<b>Chelmsford</b>	<b>£40</b>
<b>Clacton</b>	<b>£8</b>	<b>Harwich</b>	<b>£13</b>
<b>Colchester</b>	<b>£18</b>	<b>Bury St E's</b>	<b>£50</b>
<b>Ipswich</b>	<b>£30</b>		

Registered Charity number 1052661

# What's new at The Ship Inn?



As some of you may know already, The Ship Inn has been under new management since March.

Kat and Leroy are now managing the pub and a new chef has been appointed. A copy of the current menu is shown overleaf. Daily specials are also available, as well as Sunday roasts priced at £7.95. **A new menu will be introduced in the summer.**

**THE POPULAR QUIZZES HELD ON THE LAST SUNDAY OF THE MONTH WILL CONTINUE.**

## Opening times

Current opening times are as follows:

### **Monday:**

Closed all day

### **Tuesday & Wednesday:**

12.00-11.00pm (food served 12.00-3.00pm & 6.00-9.00pm)

### **Thursday:**

12.00-11.30pm (food served 12.00-3.00pm & 6.00-9.00pm)

### **Friday:**

12.00pm-12.00am (food served 12.00-3.00pm & 6.00-9.00pm)

### **Saturday:**

12.00pm-1.00am (food served 12.00-3.00pm & 6.00-9.00pm)

### **Sunday:**

12.00-11.00pm (food served 12.00-6.00pm)

The above times will be extended after Easter Monday (6<sup>th</sup> April), and will include Monday opening.

## THE SHIP INN

# Food Menu

### STARTERS

GARLIC BREAD.....£2.50

Add cheese for 50p extra

BRUCHETTA.....£3.95

Diced tomatoes, onions and garlic, with a hint of basil.

*GF* SOUP OF THE DAY.....£3.50

Speak to a Member of Staff for today's Soup

### MAINS

*V GF* THE SHIP SALAD.....£6.95

Crisp Salad leaves, Tomatoes, Cucumber,  
Spring Onion, Boiled Egg, and Salad  
Dressing

Add Chicken Breast.....£2.00

Add Tuna.....£2.00

*GF* 8oz RUMP STEAK.....£9.95

Mushrooms, Tomato, and your choice of  
Chips or Salad

*GF* HOMEMADE LASANGE.....£6.95

Served with a side salad

*V GF* THE SHIP INN PASTA.....£6.95

Fuseli Pasta, Mushroom and Sun Dried  
Tomatoes, cooked with Garlic, Olive Oil  
and Basil.

Add Chicken Breast.....£2.00

HOMEMADE COTTAGE PIE.....£6.95

Served with Boiled Potatoes and Fresh  
vegetables

BEEF BURGER.....£7.95

100% Beef burger served inside a  
Toasted bun,

With lettuce, tomato and onion.

Add Bacon for 50p extra

Add Cheese for 50p extra

ALL DAY BREAKFAST.....£6.95

2 Bacon, 2 Sausage, 2 Egg, Beans,  
Tomato and Chips

FISH & CHIPS.....£7.50

Served with Peas and Tartar Sauce

*GF* HUNTERS CHICKEN.....£6.95

Chicken Breast, Bacon and BBQ Sauce  
with Melted Cheese. Served with Chips

## THE SHIP INN

*V* Vegetarian

*GF* Gluten Free Option available. Please speak to staff when placing order.

Please ask for any further information regarding allergies.

## THE SHIP INN

# Food Menu

### EXTRAS

V GF CHIPS.....	£2.00	ONION RINGS.....	£2.00
GF CHEESY CHIPS.....	£2.50	SIDE SALAD .....	£1.95

### KIDS MENU

V GF THE SHIP INN PASTA.....£4.95  
Fuseli Pasta, Mushroom and Sun Dried Tomatoes, cooked with Garlic, Olive Oil and Basil.  
Add Chicken Breast.....£2.00

GF HOMEMADE LASANGE.....£4.95  
Served with a side salad

HOMEMADE COTTAGE PIE...£4.95  
Served with Boiled Potatoes and Fresh vegetables

SAUSAGE, CHIPS AND BEANS.....£3.95

ALL DAY BREAKFAST.....£4.95  
1 Bacon, 1 Sausage, 1 Egg, Beans or Peas, and Chips or Pasta.

### DESSERT

APPLE PIE.....£3.50  
Served with Custard or Ice Cream

HOMEMADE BREAD & BUTTER PUDDING.....£3.50

V GF SELECTION OF ICE CREAMS.....£2.00  
Chocolate, Vanilla or Strawberry

*The Ship Inn's Guilty Pleasure*  
*Ask for Chef's Dessert of the Day.*

## THE SHIP INN

V Vegetarian

GF Gluten Free Option available. Please speak to staff when placing order.  
Please ask for any further information regarding allergies.



# GREAT HOLLAND RESIDENTS ASSOCIATION

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**Chairman:** Paul Fletcher-Tomenius **Vice-Chairman:** Robert Caines  
**Treasurer:** Denys & Lindy Strich **Secretary:** Louise Goodwin & Hazel Martin:  
**Planning Officers:** John Poulton, Tom Sandy & Eddie Forrest

Dear Residents,

Great Holland Residents Association does not just make up policy on the hoof. It has a clear set of principles on the basis of which it decides whether to intervene on a particular matter and, if so, on what basis. The overriding policy is that we want to maintain the existing character of the village and maintain, if possible, improve its existing infrastructure.

Thanks only to the efforts of GHRA and the excellent, persistent Councillor Robert Bucke, an extremely reluctant Essex County Council has been compelled to fix the worst of our roads, various road signs, drainage and white lining issues. I hope you have noted that even Pork Lane has lost a few of its larger holes recently! We simply do not accept lack of money as a reason to permit local facilities to slide back to the 1930s. Some things only get fixed by public authorities and we want value for the taxes we hand over. BUT.... and here is my real point: you have to be prepared to make a noise and put your head over the parapet. Nothing happens by just moaning in private. So, by all means have a moan in private, but then ask us whether it is something we can help with, please!

The other aspect, the village character, is trickier. It is easy to see if something needs fixing, but a lot harder to see whether a development proposal has long term implications. There has been a spate of proposals recently, with more in the pipeline. The thing is they have all been proposals to build nice looking properties, so why has GHRA opposed them?

In a nice village like this one, land is expensive and all the new properties are likely to be nice looking ones that we would be happy enough to have next door to us, but we simply cannot judge development proposals on the basis of how nice they look. The most recent ones have been fronting on to Main Road and Kirby Road. GHRA has opposed each of them and Tendring planners have so far broadly agreed with our position.

The long term view taken by GHRA is that filling in gaps between existing developments would be disastrous. In the case of Main and Kirby Roads, it would eliminate the current green gaps. On the east side, it would obstruct the existing view across the fields to the ancient wood by the farm, All Saints Church and beyond. It would also mean, by stages, merger with Kirby Cross. One of the first forms of planning control back in the 1930s was aimed at preventing building along roads, so called linear or ribbon development.

One of the local proposals was to build a small cul de sac of five houses. This would have opened up back land and it would surely have been followed by a succession of similar proposals which, in the end, would create a virtual housing estate along these busy roads. I doubt there are many residents in favour of that, but that is why we must judge these proposals in the light of this long term strategy to maintain the character of Great Holland.

We support the redevelopment of the The Lions Den and the replacement of the two dilapidated terraced houses in Manor Road. These are sensible changes that will enhance the village, not enlarge it. And that is the point, really. Broadly speaking, small villages should not grow larger and should be surrounded by tightly drawn settlement boundaries. Within those, so-called 'windfall sites', like the ones I have just mentioned, become available from time to time. The village will still change, but slowly, in a measured way. What it will not do is GROW and it will retain its character. It is virtually only developers who want villages to grow in size, for the simple reason that people like living in villages and the properties are easy to shift.

So, what I am asking you all to do is to ponder this long term approach and judge development proposals on that basis. If you approve, please support us by joining the GHRA and, if you can, coming along to our occasional meetings.

Best Regards to you all,

Paul Fletcher-Tomenius



**Next Meeting of the  
Great Holland Residents' Association**



**Saturday 9 May 2015  
10.30 a.m.**



**Great Holland Village Hall, Manor Road**

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**GLASS GUARD – VIBRATION SENSITIVE ALARMS**

Ray Enever, Chairman of the Kirby Residents' Association bought 500 of the above alarms and offered them to residents at a cut price of £3 in order to try and slash the number of burglaries in the area. Following the huge demand for this scheme he has now advised that a further 100 are available from either the Community Project Office in Walton High Street or the Town Council Office at the Triangle shopping centre.

The units are attached to either glass doors or windows by double-sided adhesive tape and are battery powered.

**We have a new advertiser ...**

**Gordon Beale**

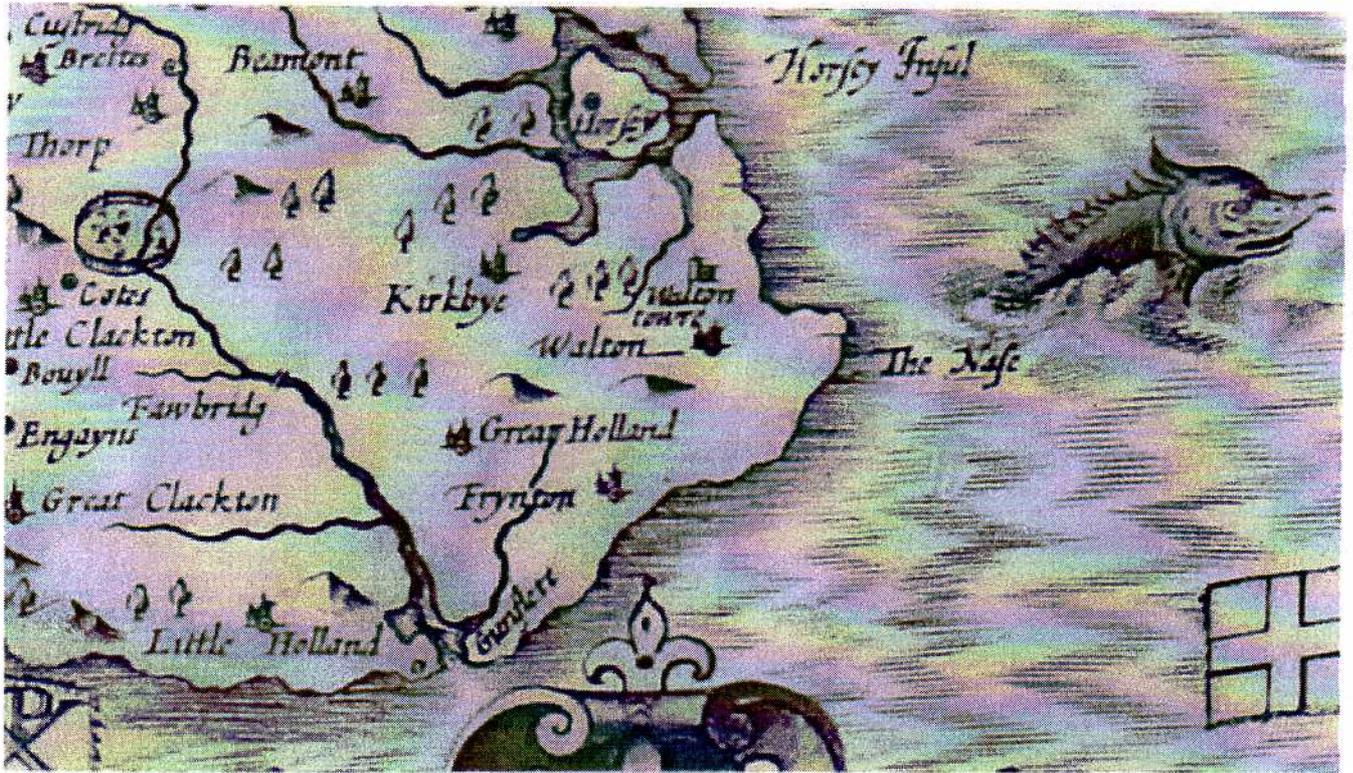
**A highly recommended painter and decorator!**

**WE COULD NOT PROVIDE VILLAGE VOICE FREE OF CHARGE TO ALL GREAT HOLLAND RESIDENTS WITHOUT THE SUPPORT OF OUR LOYAL ADVERTISERS.**

**IF YOU CONTACT ANY OF OUR ADVERTISERS, PLEASE MENTION VILLAGE VOICE!**

# Great Holland Pits Nature Reserve

## The Gunfleet estuary



Speed's Map (1610) Showing Gunfleet estuary

The Holland Marshes, about which I wrote last time, have changed dramatically since the sixteenth century, at which time it was known as the Gunfleet\* estuary. Imagine a channel similar to Alresford Creek, tidal to Rice Bridge near Thorpe railway station and occasionally beyond, snaking towards the lower part of Great Holland Pits, sweeping around Great Holland parish before being joined by the smaller channel of Pickers Ditch at Little Holland, continuing past the higher ground where the present sluice gate is to finally enter the sea in front of the present Golf course.

Tides have a very strong scouring effect and can keep inland channels quite deep. The river would in early times have shaped the economy and practicalities in the area. Great Holland was built on high ground surrounded on three sides by the estuary and even the roads out via Kirby and Thorpe were likely to have been affected by high spring tides between Thorpe and Weeley. Moreover roads are unlikely to have been very robust.

The estuary would have been the source of food from the sea, there are signs of fish traps, historic salt making pans are identified, and the geography of the estuary made it a useful harbour as the name of the area near Little Holland, 'the Haven' indicates. For transport in Tudor times and earlier, the estuary would have provided a generally more reliable means of transport than the roads. Two Tudor 'lading' places are recorded at Little Holland, and at present several tracks leading to the marsh edge suggest landing quays.

Rice Bridge at Thorpe is situated at a convenient narrow point of the valley and the bridge there is the oldest appearing in the records, while the first records of the Fan Bridge by Holland Common were in 1509, though it was likely to have been a ford and ferry point long before that. It wasn't until the 1760's that the main road between the two Holland parishes was built after reclamation from the sea.

Over the years there was coastal erosion modifying the sandy headlands that flanked the opening of the Gunfleet, and ploughing of fields surrounding the estuary contributed to silting which is also documented, and in the later 17<sup>th</sup> century the whole estuary was reclaimed by building a sea wall across the mouth from Frinton to Little Holland. Following this the present B1032 road was built, thus linking the two Holland parishes.

Research about the history of the coast is being conducted by the Clacton VCH group (Victorian County History), and the Holland Haven Project is shortly to install interpretation boards at Holland Haven country park and to publish a book and an internet site.

*\* It is thought that Gunfleet was named after Gunnar, a Scandinavian chief*

**There will be an exhibition and display of the Holland Haven Project at St James Church Hall, Clacton, Saturday 16<sup>th</sup> May, 10:00am until 4:00pm. Admission free.**

We also have our usual Essex Wildlife Trust events:

**Barnes Spinney:** Plant sale 12<sup>th</sup> April

**Weeleyhall Wood:** Bluebell day 3<sup>rd</sup> May

**Great Holland Pits:** Pond Dipping 31<sup>st</sup> May



**Bob Seago**  
Warden

## WALTON & DISTRICT FOODBANK

Dear All,

Just a few items needed this week:

Instant mashed potato, fruit, UHT milk, jam, marmalade, washing up liquid.

**Easter opening hours:** We shall be Closed Good Friday (3<sup>rd</sup> April) and Easter Monday (6<sup>th</sup> April). However we shall be open on Thursday 2<sup>nd</sup> April, and then back to normal on Friday 10<sup>th</sup> April. Many thanks as ever for your continued generous support

Kind Regards,

Dick Bloxidge, Administrator **07926 015276** (office)

## STREET MEETS BY ESSEX POLICE

(Come and meet your PCSOs and discuss any issues you may have)

Every Friday Morning at Gt. Holland Village Hall  
Manor Road, Gt. Holland  
10.00 a.m. – 11.00 a.m.

### INCIDENTS .....

I am unable to include all incidents that have been reported due to their sensitive nature. (Reports from 23/02/15 to 18/03/15.)

- 2 x Road Traffic Accidents
- 1 x Vehicle left the road and ended up in a ditch on marshes
- 1 x Advice required.

Really good few weeks for the Great Holland area, with no reports of crime.

### GARDEN SECURITY

Thinking carefully about security and the layout of your garden can help protect it and your home from crime.

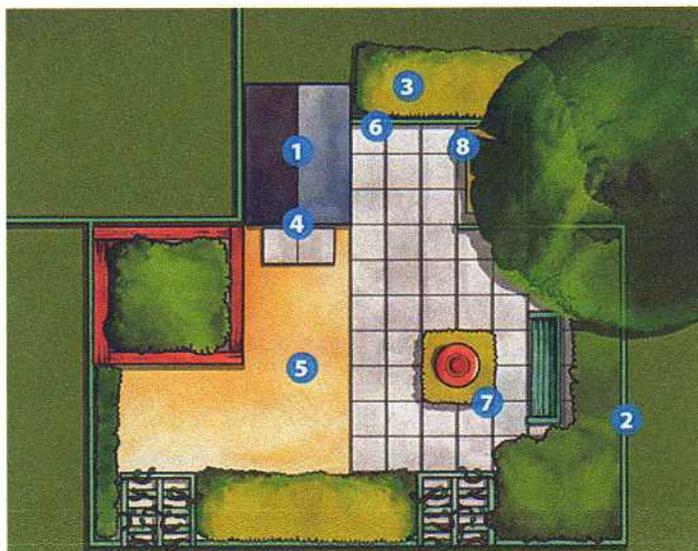


Working with Parker's Garden Company in Frinton and local businesses and organisations, Essex Police has created a real life garden specially designed to highlight some of the simple steps you can take to reduce the risk of becoming a victim of crime.

The garden is the first of its kind and can help visitors to the nursery learn how extra security can help protect their garden and their home.

Secured by Design is the official UK Police initiative supporting the principles of 'designing out crime'. By applying Secured by Design principles you can significantly reduce the risk of being a victim of crime.

You don't have to live in a fortress to feel safe but you might like to consider some of the ideas highlighted in the garden plan below:



### 1. Shed

Sheds typically contain tools, bikes and gardening equipment which are not just valuable but which could prove useful to a burglar, so secure the door with padbolts and close-shackle padlocks or a padlock alarm. Hinges should be fitted using coach bolts and large backing washers. You could also think about installing a shed alarm and a lockable chest for chemicals and valuable equipment.

### 2. Fence

Rear fences should be 2 metres high including a trellis to support plants but not to support the weight of a possible intruder. Keep fences and plants in the front garden below 1 metre in height so you don't give potential burglars somewhere to hide.

### 3. Defensive planting

Reinforce the garden's perimeter by planting prickly shrubs or a thorny hedge and train them to grow on trellis on top of 1.8 metre fencing to deter potential offenders.

### 4. Lighting

Lighting can deter or draw attention to thieves. Use energy saving bulbs activated by a dawn to dusk sensor.

### 5. Gravel

Lay gravel on paths and beneath doors and ground-floor windows - burglars don't like it because it's noisy to walk on.

### 6. Side gate

Side gates should be solid, flat faced and the same height as the fence. Secure with padbolts top and bottom, padlocks and a spring return.

### 7. Planter

Secure plant pots to the ground using a bolt and retaining anchor plate and mark tools and furniture with your postcode followed by your house number e.g, CM1 1PX 11

### 8. Oil tank

Secure an oil tank with padlocks, oil level gauge, security lighting and defensive planting. Speak to your local [Crime Reduction officer](#) for information on suitable alarms.

Also with Summer arriving soon, please be mindful on when leaving your property to secure premises, locking doors and windows. Also close garage doors and lock when not in use. If you leave at night, leave a light on. If you have a alarm system use it.

Just a reminder you can follow me on TWITTER by following PCSO PAUL BRASSEY.  
Enjoy the lighternightsand the warmer weather.

Keep safe.

PCSO 70843 Paul Brassey  
PCSO 6477 Michele Diss  
Walton Police Station  
Martello Road  
Walton-on-naze  
Tel: 101, ext.487553  
Community Phone No. 07850 631017

[paul.brassey@essex.pnn.police.uk](mailto:paul.brassey@essex.pnn.police.uk)  
[michele.diss@essex.pnn.police.uk](mailto:michele.diss@essex.pnn.police.uk)



## **Frinton & District Horticultural Society**

**OUR MEETINGS TAKE PLACE ON THE FIRST THURSDAY OF THE MONTH AT  
FRINTON METHODIST CHURCH HALL, FOURTH AVENUE, FRINTON-ON-SEA  
7.00 for 7.30pm**

**Thursday 2<sup>nd</sup> April**

**An illustrated talk by Harry Brickwood:  
The Culture of Lilies**

**Saturday 11<sup>th</sup> April**

**SPRING SHOW**

**McGrigor Hall, Fourth Avenue, Frinton-on-Sea**

**Open to public: 1.30pm**

**Prize giving: 3.30pm**

**Thursday 7<sup>th</sup> May**

**An illustrated talk by Barry Gayton:  
Climbing Plants and Wall Shrubs**

**&**

**Competition:  
A Specimen Tulip**



If you are interested in joining the Society, please come to one of our meetings or contact the membership secretary (Linda O'Reilly) on **852195**. The annual membership subscription is £7.



## **Frinton & Walton Postcard Club**

Although this Club was started for those who collect, or are interested in, postcards, you do not need to have this as a hobby to join our friendly social evenings and enjoy the talks/presentations given by guest speakers on a wide variety of subjects. Visitors and potential new members will be made very welcome. The entrance fee to our meetings is £2 and includes refreshments.

**Tuesday 14<sup>th</sup> April**

**Something Completely Different**

**Steve Kentfield**

**Tuesday 12<sup>th</sup> May**

**The Electric Trams of East Anglia**

**John Floyd**

Our meetings take place at St Cedd's Hall, Old Road, Frinton-on-Sea at 7.30pm

For more details, or if you would like to become a member,  
please telephone John Barter on **852993** or Margaret Wilsher on **674134**

## Can you help?

I was recently given an intriguing old photo taken around 1905, a copy of which is shown below, showing several Great Holland men who had served at various times in the British Army. On the reverse were brief notes about some of those shown.

Liz Bruce, our Local History Recorder, was very interested in the photo and was able to add further details relating to some of the men and an additional photo.

If anyone out there can add to the information set out overleaf, Liz would like to hear from you. She can be contacted on **01255 676960**.

Linda O'Reilly



### **Standing, left to right:**

**Goldie Sutherwood, Bill Beckworth, Tipp Mann, Garry Gray, Bill Borley**

### **Seated, left to right:**

**Tom Bareham, Charles Crampin, George Jolly, Herbert Digby**

**Pte. Golden Sutherwood** was born at Kirby Cross in 1874, although he lived nearly all his life in Great Holland. For the last 15 years of his life, he was employed at Frinton Golf Links as general foreman. He served in the Northamptonshire Regiment in the Boer War and the Middlesex Regiment during the Great War, but owing to being over age at the time he volunteered was not sent overseas during the late conflict.

He was a member of the Ancient Order of Foresters (Court Pride of Great Holland). He resided with his wife Hilda (shown below in the 1960s) at 'Rose Villa', Kirby Road, Great Holland (since demolished) until his death in May 1939, after an illness that lasted for two years. He left a wife, five daughters and three sons.



**Pte. Tipp Frank Mann** lived at 4 Kirby Road, Great Holland and was married to Annie. He was the first man from the village to volunteer for the Great War. It was reported in January 1917 that he was home on ten days leave after 17 months in France. He had not been wounded, although he had had some narrow escapes, and was looking well. He had two sons and one daughter.

**Garry Gray** was thought to have been in the Territorial Army. His father Bill deserted the family to go to America, where he became a cowboy. He later returned to Great Holland, where he had his own tankard on the beam at The Ship Inn.

**Corpl. Bill Borley** served in the 2<sup>nd</sup> York & Lancaster Regiment from August 5<sup>th</sup> 1914. He was wounded in 1915 in the left lung and left shoulder. In January 1916 he returned to the Front and was again wounded - in the left arm, of which he lost part of the use. He later became a postman at Dovercourt.

**Sergt.-Cook Tom Bareham** served in the Norfolk Regiment in the Boer War, and appropriately named his residence 'The Veldt'. He was Parish Clerk before being re-called to the Colours in the Great War, where he served as RSM cook and earned a Mention in Dispatches.

**Charles Crampin** was the hero of the group, and served with the Norfolk Regiment. The information on the rear of the photo includes that he was believed to be the only man ever to have won two Distinguished Conduct Medals - 1889 Burma and the other in 1900 during the South Africa War.

**George Jolly** served 20 years in India with the 56<sup>th</sup> (Essex) Regiment. He was present at the Indian Mutiny and witnessed remains of mutilated British that had been deposited down the infamous Well.

**Herbert Digby** joined as a young man the 21<sup>st</sup> Hussars, which soon after became the 21<sup>st</sup> Lancers. He was a soldier for many years, having served in Ireland, India, at the Battle of Omdurman and in South Africa (Boer War) 1899-1902. As he was in the Essex Yeomanry at the commencement of the Great War, he was mobilised at once. He was wounded in France and sent to a hospital in England. After recovery he volunteered for another draft and returned to the fighting, only to be killed in France in 1917, when a shell blew him and his horse to pieces. At the time, he was a single man aged about 40. He had a sister, Mrs Alfred Bareham.



**TENDRING ACTIVITY DAY**  
**BRADFIELD COMMUNITY CENTRE (CO11 2UU)**  
**Tuesday 19<sup>th</sup> May**  
**Doors open at 9.45am**

**SPEAKERS:**  
**Jennifer Wall**  
**'Out and about with Essex Air Ambulance'**

**Stephen Gibbs**  
**'Police Work'**

**Helen McDermott**  
**Radio and TV broadcaster**

**Home made cakes, pies and goodies on sale, craft stall, raffle**  
**Refreshments and lunch available**

**TICKETS (£7.50) ON SALE NOW – Please ring Joan on 851069 to book**  
**A GREAT DAY OUT!**

# Great Holland



# FOLK CLUB



We meet on the **LAST MONDAY** of the month

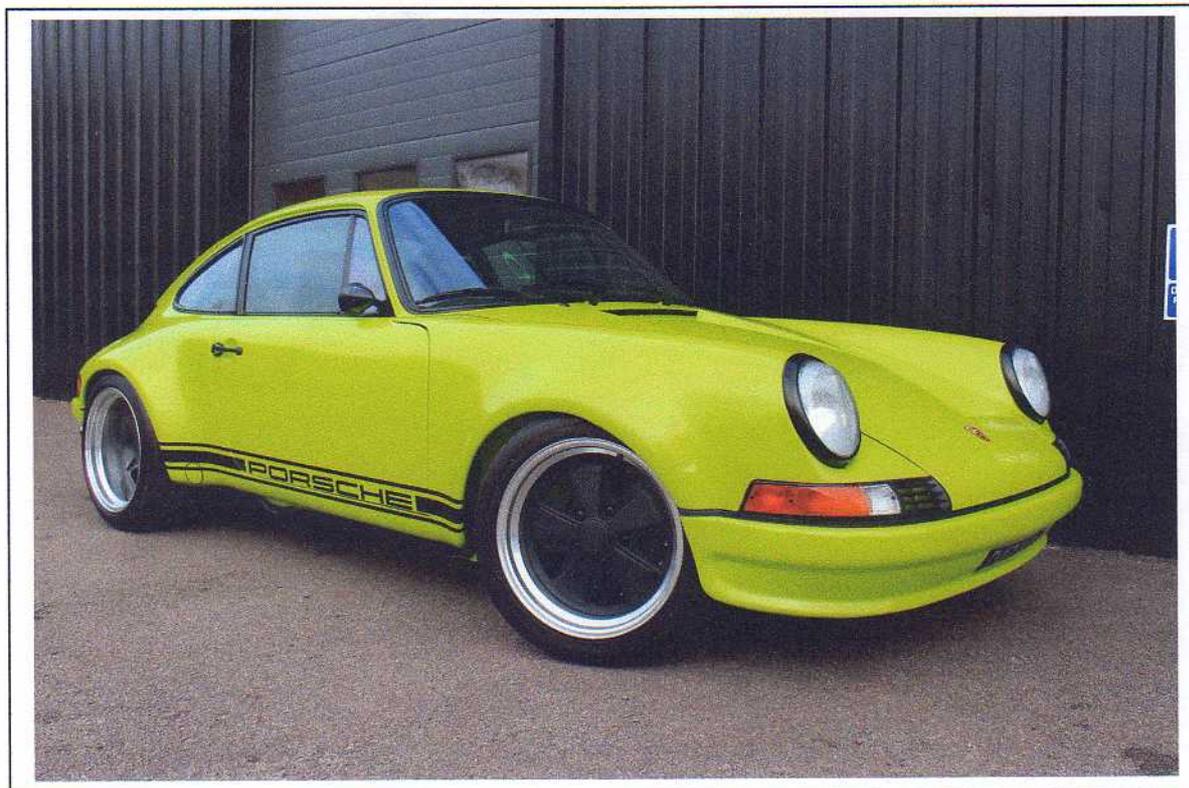
All Saints' Church Hall  
Church Lane, Great Holland CO13 0JS

7.00 -9.30pm

For more details please ring either 676372 or 852195

## **A DREAM CAR – CERTAINLY FOR JON LOTT OF GREEN END GARAGE**

Quite a colour combination – chartreuse paint (even extending into the engine bay) and a purple diamond quilted leather interior. Jon’s original plan was to restore the Porsche 911 back to the original, but after further thought decided to make it a project. He wanted it as sleek as possible and decided to abandon the rear spoiler and lose the petrol cap which is now under the bonnet. All work on the car was done in the evenings and on Saturdays. Having an individual identity Jon has decided to call it the GT-H, which stands for Great Holland.



Jon established his business in 1994, with his first premises being a Second World War Nissen hut which stood on the same site as his present day premises. He carried on as a sole trader for 15 years before taking on his first employee six years ago. The business continues to grow and now employs four full-time staff and a part-time administrator.

The garage already services a number of Porsche customers and is now in the process of opening a dedicated wing to specialise in the maintenance, repair and tuning of Porsche cars.

VILLAGE HALL GREAT HOLLAND COMMITTEE of MANAGEMENT  
COMMITTEE MEETING  
GREAT HOLLAND VILLAGE HALL  
21<sup>st</sup> FEBRUARY 2015



**PRESENT**

Sue Jenkins, Sheila Watts, Veronica Stacks, Robert Bucke and Jim Stuart

**MINUTES OF PREVIOUS MEETING**

The Minutes of the previous meeting held on 1ST NOVEMBER 2014 were read and approved.

**APOLOGIES FOR ABSENCE**

Paul Harris, Coralie Harris and Chris Keston

**MATTERS ARISING**

There were no matters arising.

**FINANCIAL REPORT**

Sheila Watts delivered our financial report. We are in a good financial position with balances as follows:

Current Account	£2,972
Savings Account	£5,214
Bond	£5,232

Our thanks to Sheila for producing these figures.

**WINDOWS**

We have had a quote from Messrs Hockleys for refurbishing the windows of £7,425. This is less than two quotes received by Chris Keston. We are to receive one more quote and will then decide which one to accept and will then proceed with the work.

**QUIZ NIGHT**

The quiz night was a success and raised £207 after expenses.

**NEW CLUBS**

We have two new clubs using our facilities being a Tap dancing club and a Belly dancing club.

**WORK CARRIED OUT**

We have spent £4,938 as follows:

Ladies Toilets	£4,257
Electric faults	£681

**A.G.M.**

We are to hold our A.G.M. on Saturday 4<sup>th</sup> April at 11.15 A.M. in the hall and all are invited to attend.

**CONSTITUTION**

We are hopeful that this will be signed at our next meeting.

**ANY OTHER BUSINESS**

There has been no development in respect of the roof. We will be taking this on board next year and have received an indication quote of £7,000. This may well increase especially if we decide to felt the roof.

A formal complaint has been made to the police in respect of the proceeds of the quiz at the Ship. Statements have been taken and the matter is being investigated.

Our annual Spring Clean has been scheduled for 23<sup>rd</sup> May next between 10.00 A.M. and 3.00 P.M. Any assistance will be gratefully received.

The car park is in good order and, although the front hedge is sprouting, it is still acceptable

**ANNUAL SPRING CLEAN**

This year's Spring Clean of the Village Hall takes place on SATURDAY, 23<sup>rd</sup> MAY from 10.00am - 3.00pm.

As usual, excellent home-made cakes will be provided for helpers! We would welcome anyone who is able to help with this task - even if you can only spare an hour please come along just for that hour if you cannot be there for the whole time. If you are able to bring along any cleaning materials that would also be greatly appreciated.

Thank you!  
Sue Jenkins (Chair)  
The Village Hall Committee



# WHAT'S ON IN YOUR VILLAGE HALL?



Day	Morning	Afternoon	Evening
Sunday			
Monday		<b>Tendring Male Voice Choir</b> 3.00-4.30pm Contact: Ilze 813909 	<b>Cardio Vascular</b> 6.45-7.30pm  <b>Pilates</b> 7.30-8.30pm Contact: Claudine 862505
Tuesday	<b>Fantari Dance and Fitness</b> 9.30-10.30am Contact: Sarah-Jane 688740  <b>Gentle Tai Chi with meditation</b> 11.00am-12.30pm Contact: Ruth 07724 133702	<b>Carpet Bowls</b> 2.00-4.00pm Contact: Les Miller 671214	<b>Links Karate</b> 5.30-7.30pm Contact: Paul Harris 830136  <b>Badminton</b> 9.00-10.30pm 671300 
Wednesday		<b>The Coastal Singe (mixed voices)</b> 2.30-4.30pm Contact: Ilze 813909	<b>Aerobics</b> 7.00-8.00pm Contact: Claudine 862505
Thursday	<b>Tai Chi</b> 9.30am-12.30pm Contact: Des Exworth 679610 (additional classes are available)		<b>Belly Dancing</b> 7.00-8.00pm Contact: Almeira Carmichael 07900 241630 / 01255 678297
Friday	<b>Beginners Tap</b> 11.15am-12.15pm Contact: Ester Altin 07785 728920		<b>Links Karate</b> 6.00-8.00pm Contact: Paul Harris 830136
Saturday	 <b>Home Made Hour</b> 10.00-11.00am 1 <sup>st</sup> Saturday of the month (NOT January, February, August or October)		

### Rate for hire of Village Hall

£10 per hour. Please contact Coralie Harris on 830136 to book. (Email: [coralieh@live.co.uk](mailto:coralieh@live.co.uk))

Updated January 2015

Neither the Rector, Church Wardens, Parochial Church Council nor the Editors take responsibility for the information given in, or views expressed in, the "Great Holland Village Voice". Nor is any culpability accepted for work done by advertisers.

# Friends and Neighbours of Great Holland

Our next meetings will be on **Thursday 2<sup>nd</sup> April** and **Thursday 7<sup>th</sup> May** at 2 Great Holland Court (opposite the Village Hall), at 2.00pm. Everyone is welcome for tea, cake, friendly chat and to plan activities for future meetings. Please bring your knitting or sewing if you wish.

Phyllis Margetts (851118)

## Tending First Ladies

We welcome everyone to this friendly group that usually meets on the first Monday of each month, although this can vary due to Bank Holidays, at the Methodist Church Hall, Frinton (corner of Ashlyn's Road/Fourth Avenue). Meetings start at 2.30pm. £2.00 is charged at each meeting to cover the cost of the room hire. We have a speaker who talks for about half an hour and then tea and home made cakes are served. There is also a raffle.



**Monday 27<sup>th</sup> April**  
**Plant Sale**

For more details please contact Fiona Robertson:  
01255 679006 or e-mail [fiona348@btinternet.com](mailto:fiona348@btinternet.com)

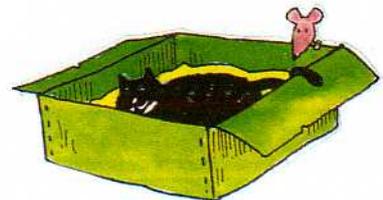
## CATS PROTECTION

### Plant Sale and Summer Bazaar

**McGrigor Hall**  
Fourth Avenue, Frinton-on-Sea

**Saturday 9<sup>th</sup> May**  
10.00am to 1.00pm

Lots of stalls, plants, produce, raffle, tombola, bric a brac



Refreshments available  
Free admission but donations of cat food very welcome



**Registered Charity No. 1138493**

Hedgehog Haven provides treatment and care for sick, injured and orphaned hedgehogs ensuring that they receive veterinary treatment where required.

We give talks to schools and other social groups to create public awareness of the decline of our native hedgehogs. We also advise people on how to encourage hedgehogs into their gardens and ensure that their gardens are safe.

Our ultimate aim with all the hedgehogs referred to our Centres in Colchester and Frinton is to release them back into safe environments. This can only happen once the hedgehog is fully recovered from its ailments and is fully fit and mobile.

During the winter we rely on people to overwinter hedgehogs for us. We supply the cage and nesting box, all we ask is if you have a shed/garage/outbuilding - with no heating but natural daylight - to put the cage in. The cage has to be checked and cleaned daily whilst the hedgehog is awake and the hog weighed weekly, but once he has gone into hibernation, you just have to check he hasn't woken, and ensure there is food and water in the cage just in case he wakes.

In the Spring (April, or earlier if the weather is really mild) hedgehogs start waking from their hibernation, so will be needing food to build up their reserves they lost during hibernation. So please put out cat/kitten (chicken) biscuits, dried mealworms, sunflower hearts and a dish of water. We will need safe gardens for normal hedgehogs and secure gardens for hogs that have a disability.

If you think you can help us with any of the above, please check out our website at [www.hedgehoghavessex](http://www.hedgehoghavessex) or give either Christine at Frinton **07709 767511** or Liz at Colchester **07847 138372** a ring for more details.

We also need donations of used postage stamps, cds, dvds, books and any unwanted presents that we could use for either our raffles or tombolas.

Don't forget if you see a hedgehog out in daylight, pick it up with gloves or a towel, put it in your red recycling box with some newspaper, cover to prevent flies getting in, and ring either Christine or Liz immediately.

The sooner you can get the hog to us the more chance it has of surviving. They go downhill rapidly if they are out in daylight.



## **THORPE AND KIRBY SURGERY NEWSLETTER-APRIL 2015**

Spring greetings from Thorpe and Kirby surgery and it looks at last like we have some nice weather to look forward to. Don't forget spring is a time when it is easy to catch more sun than expected so make sure adequate sun protection is worn, especially for young skins. Sun damage is a major cause of skin cancers and avoiding burning can help lessen the risk in later life.

There was a PPG meeting held on Wednesday 4<sup>th</sup> of March which was well attended. Dr Carla Mahmoud and Stephanie Durrant presented their ideas and visions on how we can protect our health service, the essence of which is don't abuse the resources but save them for when medical attention is really required. Accident and Emergency is really what it says, a place to go when in dire need, G.P's are there to help when matters cannot be dealt with by our own medicine cabinets or the services of our local pharmacies.

An open meeting has been arranged for 30<sup>th</sup> April at Thorpe-le-Soken W.I. Hall, High Street, Thorpe at 8pm. Members of the local CCG, M.P. and other interested parties will be invited to attend. Dr Carla will outline her vision on how we can all play our part in protecting what is precious to us all, an efficient NHS when we need it most. This is an opportunity for everyone to get involved and find out more about our NHS.

The next PPG meeting will be Wednesday 3<sup>rd</sup> June at Thorpe Social Club, Station Road, Thorpe-le-Soken, 7pm. Kirby, Weeley and Little Clacton residents are not very well represented on the PPG so it would be good to see some patients from these areas. A treasurer is needed for the PPG, this is not an onerous job and won't take up a huge amount of time, the role mainly consists of booking and paying for meeting venues and accounting for stationary and postage costs which are minimal due to as much as possible being done by e-mail. Someone prepared to put up posters advertising the meetings would also be helpful, for those people who do not use e-mail. The committee is a friendly bunch of people who care passionately about our surgeries and NHS and want to have the patient's perspective taken into account with decision making and planning.

If you would like to know more about the PPG or have any comments about either Thorpe or Kirby surgery speak to me, Karen Austen or Stephanie Durrant-Practice Manager. The friends and Family Test that we are required by government to participate in suggests that 98% of our patients are very happy with our service and would recommend us to friends and family. All at Thorpe-le-Soken and the Kirby Branch would like to keep it that way!