



## Included in this edition...



- A letter from the Chairman of Great Holland Residents Association
- Photos taken at our Village & Church Fête in August, together with the summary accounts
- Details of a new book about the history of the Naze, published by villager Ben Eagle

Thank you to everyone who has contributed to this edition of Village Voice. We always welcome new contributors. Is there anything that **YOU** would like us to include in the <u>next</u> edition? For example:

- Are there any events happening in December 2015 or January 2016 that you wish to publicise?
- Do you have any local news items to be included?
- Do you want to tell other villagers about a local group/club?
- Can you write an article for the magazine?
- Do you want to advertise any items for sale/your business/service?

We will begin printing the next edition of Village Voice on:

## Monday 23rd November

Please contact Linda on 852195 or Sandra on 672453 with details, two weeks before the printing date if possible. Please note that Sandra looks after the advertising side of the magazine.



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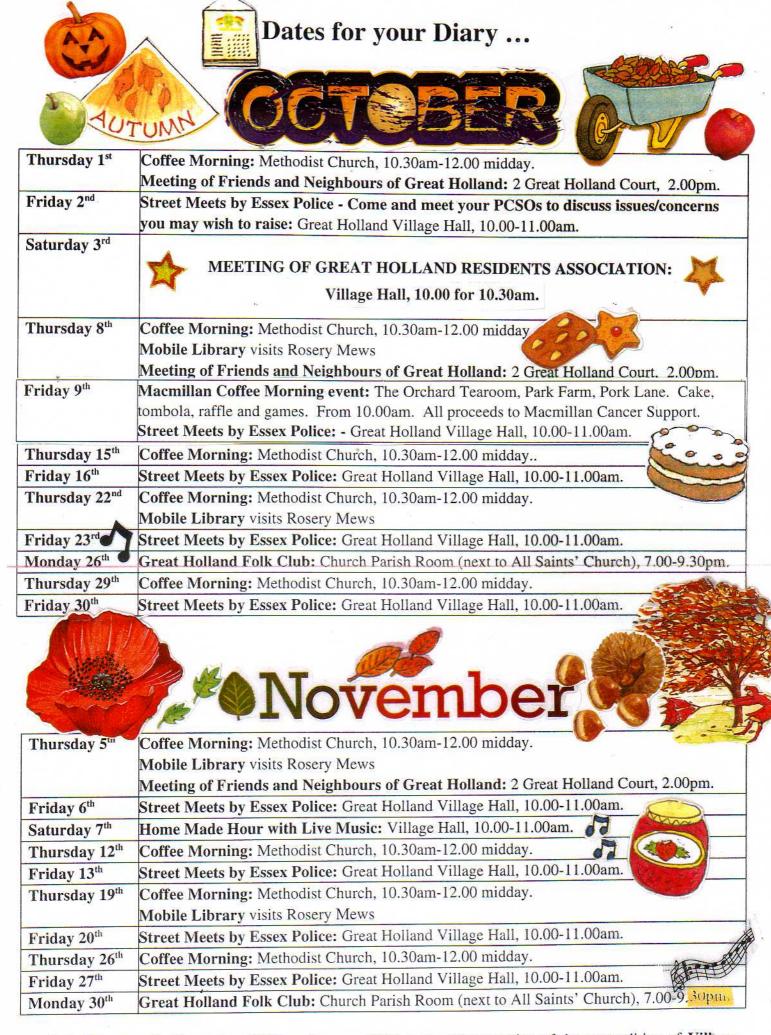
All Saints' Church Methodist Church

Village news & articles

Advertisements

# Village Contacts and Local Information

	H. Carlotte and the second sec		
Member of Parliament	Mr Douglas Carswell MP	423112	
Residents' Association	Paul Fletcher-Tomenius (Chair) 675268		
All Saints' Church Minister	Rev. Mark Holdaway 675997		
Methodist Church Minister	Rev. Eva Walker 851179		
Great Holland	Ms Sue Jenkins (Chair)	850317	
Village Hall Committee	Mrs C Harris (Bookings)	830136	
Frinton & Walton Town	Mrs Myrna Liles (Town Clerk)	676666	
Council (Incorporating Frinton, Walton, Kirby and Great Holland)	Cllr. Mr Christopher Keston	850067	
Essex County Council	Cllr. Mr Michael (Mick) Page	672410	
Tendring District Council	Town Hall, Station Road, Clacton CO15 1SE	686868 (Emergency/out of hours: 2220220)	
	Cllr. Mr Robert J Bucke	677495	
	Cllr. Mr Mark A Cossens	861374	
Dog Warden	(Tendring District Council)	0845 2417253	
RSPCA	0300 1234 999		
Neighbourhood Watch	Please call 101 and ask to speak to Paul	Teague.	
Administrator	Strategy production and the strategy of the st	NITO	
Crime Reduction Officer	Please call 101 and ask to speak to Davi	id Gillies.	
Crimestoppers	0800 555111		
Essex Police non emergency	101		
Essex Fire & Rescue	01376 576000		
non emergency Citizens Advice Bureau	0844 4770808		
	01255 675518		
Coastguard Service Colchester General	01206 747474		
National Rail Enquiries	08457 484950		
Tendring Dial-a-Ride	01255 436962		
Mobile Library	Calls fortnightly every other Thursday	at Rosery Mews only.	
ATAUMAN AND TOTAL	Arrives 10.00am, departs 10.30am - see	e Diary page for dates.	
Civic Amenity Tip Maltings Lane,	Opening times: Winter (16th October - end of February): 9.00am- 4.00pm		
Kirby-le-Soken	Summer (1st March-15th October): 9.00 Late night opening during summer no l	onger takes place.	
	The Civic Amenity Tip is closed on Tuesdays and Wednesday		
	All day closing: Christmas Day, Boxin Half-day closing: If Christmas Eve and day the recycling centre is usually open	d New Year's Eve fall on a	



To include events for **December 2015 or January 2016** in the Diary section of the next edition of **Village Voice**, please contact Linda on **852195** or Sandra on **672453** by **15<sup>th</sup> November**.

## All Saints' Church

#### Rector's article ...

Which building do you think these words describe?



"few buildings have ever obtained a more general verdict of approval and admiration."

Fine words indeed!

They come from The Essex Standard and Eastern Counties Advertiser on 1 June 1866 and describe the "Sacred Edifice" of All Saints', Great Holland.

The words came as part of a report on the consecration of All Saints' after it was rebuilt 149 years ago. Of course, there has been a church here for a lot longer than that - go into the church and look at the board showing all the ministers that All Saints' has had - it goes all the way back to 1295.

We, at All Saints', think that the building, the part that it and its people have played in Great Holland life and the constant reminder to all that "this world is not all there is" is worth celebrating. So, next year we're going to put on a number of different events to celebrate the 150 years since the rebuilding.

So look out for what is planned. We're hoping to restart a regular Sunday School, February sees a "Songs of Praise" event for you to choose your favourite hymns and to come and sing them! (see details below).

There will also be Easter (of course!), Frinton Festival, a history evening, Anniversary Service as close to the original consecration service date as possible, Barn Dance, and a number of other events.

Look out for a confirmed list of events and dates soon. We'd love to welcome you all.

Mark	
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To celebrate the 150<sup>th</sup> Anniversary of the rebuilding of the Church the congregation are hoping to organize several events during the coming year. After much discussion we have decided to have a special 'Songs of Praise' Service on **Sunday 7<sup>th</sup> February 2016** at 4.30pm.

We would like anyone who would be interested to choose a favourite hymn which we could sing at this Service. We would love to have the Church full of local residents all singing their hearts out and enjoying the beauty of OUR Church here in Great Holland. Hymns often evoke memories of past events, happy, sad, schooldays, holidays etc and so it will be really special and we hope by that time we will have our own band of Bell ringers to welcome us all to our lovely Church.

If you have a special hymn that you would like sung (and even better, a reason for choosing it) please get in touch with either of the Church Wardens:

Judith Little 01255 813645 – lambournhouse@btinternet.com) John Beale 01255 676472 - jrbeale77@btinternet.com)

or if preferred leave a message in the Church where there are forms near the Visitors Book and we will put together a Service of Thanksgiving and Praise for our Anniversary. It may not be possible to include all the choices in one Service but we will consider every one.

## From All Saints' Diary - OCTOBER:

Thursday	1 <sup>st</sup> .	7.30pm	All Saints' PCC in the Parish Room
Sunday	4 <sup>th</sup>	11.00am	All Age Harvest Service
Wednesday	7 <sup>th</sup>	2.00pm	Friendship and Interest Group in St Michael's Church Hall
Saturday	$10^{\text{th}}$	10.00am-3pm	Deanery Conference at Alresford
			The speaker will be Revd Dub Gannon, Rural Evangelism Advisor
Sunday	11 <sup>th</sup>	8.00am	Holy Communion (joint with Kirby)
		11.00am	Morning Worship
Wednesday	14 <sup>th</sup>	11.00am	All Saints' Bible Group in the Parish Room
Saturday	$17^{th}$	9.30am-4pm	Chelmsford Anglican Bible Conference:
			'Colossians: The uniqueness of Christ'
			at the Chelmsford Central Baptist Church.
Sunday	18 <sup>th</sup>	11.00am	Holy Communion
Wednesday	21st	11.00am	All Saints' Bible Group in the Parish Room
* # <b>*</b>		2.00pm	Friendship and Interest Group in St Michael's Church Hall
Saturday	24 <sup>th</sup>		CLOCKS GO BACK
Sunday	25 <sup>th</sup>	11.00am	Morning Worship 7.6\5.4
Tuesday	$27^{th}$	2.30-4.00pm	'Teapot' at the Baker Hall. Pop in for tea, cake and a chat.

## From All Saints' Diary - NOVEMBER:

Sunday	1 <sup>st</sup>	11.00am	Morning Worship
		4.15pm	Bereavement Service at St Michael's Church
Wednesday	4 <sup>th</sup>	2.00pm	Friendship and Interest Group in St Michael's Church Hall
Saturday	7 <sup>th</sup>	10-11am	Home Made Hour in the Village Hall
•		10-3pm	East Anglican Music Conference 'The Word in Song' at the John
			Owen Barn, Fordham. A day of Bible teaching, practical workshops,
			clinics and masterclasses. Email: oxford@twistconference.com.
Sunday	8 <sup>th</sup>	8.00am	Holy Communion (joint with Kirby)
2	-	10.50am	Act of Remembrance at the Village Memorial followed by
			Service of Remembrance at All Saints.
Sunday	15 <sup>th</sup>	11.00am	Holy Communion
Wednesday	$18^{th}$	1.00am	All Saints' Bible Group in the Parish Room
		2.00pm	Friendship and Interest Group in St Michael's Church Hall
Thursday	19 <sup>th</sup>	1.00pm	Parish lunch at St Michael's Church Hall
Sunday	22 <sup>nd</sup>	11.00am	Morning Worship
Tuesday	24 <sup>th</sup>	2.15-4.00pm	'Teapot' at the Baker Hall. Pop in for tea, cake and a chat.
Wednesday	$25^{th}$	11.00am	All Saints' Bible Group in the Parish Room
Sunday	29 <sup>th</sup>	11.00am	Advent Sunday Morning Worship

### From the Registers

FUNERALS: We offer our condolences and prayers to the family and friends of:

Joan Rogers (93) Laxton Grove, Gt Holland

All Saints & Kirby Cross Cemetery

### WALTON & DISTRICT FOODBANK

Dear All,

We only have a very short shopping list this week:

- Pasta Sauce
- Instant Mash
- Jam / Spread

However, once again this year we are going to distribute **Christmas Boxes** to families that we are currently supporting as well as others who are nominated by local churches and other referring organisations. We plan to make up these boxes either in the last week of November or the first week of December, so that they can be distributed in the weeks leading up to Christmas. In order to make this possible I need to ask you for donations of festive items such as:

- · Tinned Ham
- Tinned Salmon
- Pickles or relishes
- · Christmas Pudding
- Christmas Cake
- Mince Pies (closer to the date)
- Custard or sauces for the above
- Christmas Crackers
- Small gift items for children e.g. Colouring Books, Pencils, Crayons...

Many thanks, as ever for your continued and generous support of your local independent FoodBank

Kind regards

Dick Bloxsidge, Administrator, Walton & District Community FoodBank: 07926 015276 (office)

#### Church Hall - All Saints' Great Holland

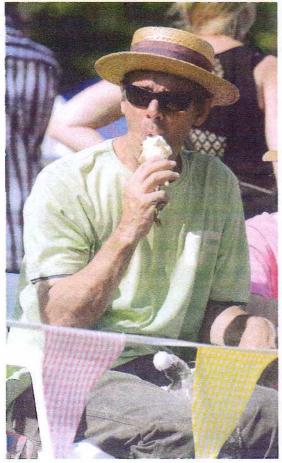
The Church Hall is situated next to All Saints' and is available for bookings from the general public. The accommodation comprises a pleasant carpeted room with six easy chairs, plus seating for about a dozen people, a small kitchen with tea/coffee making facilities and microwave, entrance hall and two toilets (one disabled). The cost of hire is £5 per hour from May-September and £7 per hour October-April (to cover extra heating and lighting costs). To hire the Hall please contact **Judith Little** on **813645** 

## GREAT HOLLAND VILLAGE & CHURCH FETE - AUGUST 1st, 2015 (MORE PICTURES ON THE VILLAGE WEB SITE - WWW.GREATHOLLAND.COM)











# GREAT HOLLAND FÊTE 2015 HELD SATURDAY $1^{\rm ST}$ AUGUST AT THE OLD RECTORY

The summary accounts for the fête are given below:

SUMMARY	2015 £	2014 £	Varianc e Better/ (Worse) £
Entrance Fees	902	772	130
Stalls (see detail)	2,294	1,979	315
Sideshows (see detail)	1,681	1,419	263
Refreshments	735	610	125
	5,612	4,779	833
Add: Donations	495	156	339
	6,107	4,935	1,171
Deduct: Expenses	817	794	(23)
FETE NET SURPLUS	5,290	4,141	1,148

The breakdown of stall and sideshow takings is as follows:

	2015	2014	Variance Better/ (Worse)
	£	£	£
STALLS			
Fete stalls			72.20
Books	95	123	(28)
Bric-a-brac	239	112	127
Cakes	186	211	(25)
Mum's Pantry	178	218	(40)
Plants	195	171	24
Silent auction	759	628	131
Vintage clothes	433	269	164
Brenda's Bears	0	56	(56)
Photographic competition	0	14	(14)
<b>Commission stalls</b>	15		22
(e.g. gifts, cards, charities)	209	177	32
	2,294	1,979	315

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- , d	2015	2014	Variance Better/ (Worse)
	£	£	£
SIDESHOWS			
Fete sideshows			
Bowling	34	27	7
Coconut shy	228	194	34
Darts	47	37	10
Face Painting	58	43	15
Golf/Putting	104	121	(17)
Guess the weight (Cake)	20	18	2
Gunging	84	115	(31)
Hobby Horse Racing	20	33	(13)
Hole in the Church Roof	44	35	9
Hoopla	56	56	0
Key Game	71	65	6
Lu Ball	81	43	38
Lucky dip	14	0	14
Odd Socks	21	0	21
Pea & Puff	12	17	(5)
Peg It	11	8	3
Pick-a-Straw	44	28	16
Pot Luck	18	0	18
Ring the Bottle	26	11	15
Roll for a Pig	46	31	15
Roly Bowly (Bagatelle)	14	13	1
Skittles	61	41	20
Smack the Rat	36	17	19
Spotted Dog	63	43	20
Tombola	416	392	24
Treasure Island	0	11	(11)
Ultimate Lemon	17	0	17
Commission sideshows			
(e.g. bouncy castle, test-your-	1200.000		4.5
strength)	35	20	15
	1,681	1,419	263

The surplus for 2015 at £5,290 is £1,148 greater than 2014 (£4,141).

These funds will be distributed as follows: £4,232 All Saints Church; £529 fête reserve (to be used for new and replacement items for future fêtes) and £529 local charity (to be decided).

The committee extends a big 'thank you' to all who contributed to the 2015 fête.

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Anne Fairbrother Treasurer

## **Home Made Hours**

Thank you to everyone who supported our September Home Made Hour and for the generous donations of home made goodies and produce.

As usual, there is no Home Made Hour in October.

Our next Home Made Hour takes place on **Saturday 7<sup>th</sup> November**. Please join us for tea, coffee, friendly company and the sale of home made cakes, jam, marmalade, trifles, savouries, scones etc and occasional plants/garden produce. We also have a raffle.

Our friendly Home Made Hours help to raise funds for All Saints' Church. **THANK YOU** to everyone who supports these events, particularly those who donate home made and home grown produce for us to sell.

Are YOU able to provide any items for our Home Made Hours, please? We would be particularly grateful for donations of home made cakes, which are always popular. We also welcome home made preserves and any surplus fruit, vegetables or plants from the garden. If you want to find out more about our Home Made Hours, please contact Nickie Stack on 677984.



## ALL SAINTS' PARISH CHURCH WHO'S WHO

RECTOR: Rev. Mark Holdaway, The Rectory, 10 Thorpe Road, Kirby Cross CO13 0LT, (675997).

**CHURCHWARDENS:** John Beale, 5 Malting Lane, Kirby le Soken CO13 0EH (676472) and Judith Little, Lambourn House, Little Clacton Road, Great Holland, CO13 0EY (813645).

**PAROCHIAL CHURCH COUNCIL:** Churchwardens (ex officio), Sheila Watts (ex officio), Don Osler, Vanessa Giles, Ilze Robertson and Graham Hughes.

HON. SECRETARY TO THE PCC: Judith Little.

VICE CHAIR TO THE PCC: John Beale.

HON. TREASURER TO THE PCC: Sheila Watts c/o The Rectory, 10 Thorpe Road, Kirby Cross CO13 0LT, (675997).

SIDESPERSONS: Rose Batten, Don Osler and Sheila Watts.

MAGAZINE PRODUCTION TEAM: Sandra Mooney and Linda O'Reilly (Joint Editors), Mim Wilson, Irene Lightowler, Michele Frere, Ingrid Harding, Judith Little, Audrey Warren, June Forrest, Charmian Goundry, Iain Bell, Eileen Derrick, Christine Oxford, Chris Crispin and Robert Caines (Distributors).

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## **Great Holland Methodist Church**



#### Ten thousand reasons!

Have you ever heard Matt Redman's worship song '10,000 reasons'?

If not, some of the lyrics are:

The sun comes up
It's a new day dawning
It's time to sing Your song again
Whatever may pass
And whatever lies before me
Let me be singing
When the evening comes

Why am I sharing these verses with you? Because I am overwhelmed....

Recently, I spent time listening to Revd. Derek Lang who is a scientist and an amazing man of God. And he shared some things about science and his talk inspired me so much. The beauty of science led to a deeper belief in our creator and loving God.

Also, recently you might have heard the story of Mr. Reuben Hill, a young physics Phd student, who collapsed one day and was found to have a brain tumour.

And for the first time in Europe, lasers were used to determine whether this tumour was healthy or not. I will not try and explain what actually happened scientifically, but I will share with you something remarkable.

Mr Hill was afraid that the surgery might affect his speech and ability to sing, so halfway through the operation he was woken up and asked to talk and sing. And the words above were the words that Mr. Hill chose to sing.

Such faith, such amazing faith.

Mr. Hill, a man of science, a young man, in a difficult time, chooses to sing those words.

In the face of the understanding of how God's creation works (or at least some of it), in the face of uncertainty and difficulty, he knows, personally knows, really knows the God who created all, the God who loves without measure. And as he sang, the world listened! And God's name was glorified, and God's love was made known.

Faced with our God of love, we also can't help it but sing, sing His song again. Because he is the same yesterday, today and forever. Amen!

God's blessings, Revd. Eva Walker

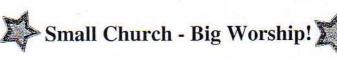


The Church will be open on the weekend of 5<sup>th</sup> - 6<sup>th</sup> December, for you to view our seasonal decorations and enjoy refreshments. More details will be given in the next edition of Village Voice.

#### THURSDAY COFFEE MORNINGS

Are you new to the village? Do you want to meet people and make new friends? ...

... then why not come along to our friendly coffee mornings in Great Holland Methodist Church Hall, every Thursday morning from 10.30am - 12.00 midday. Please drop in for coffee, biscuits, toasted teacakes and conversation. We also have donated goods for sale. You will be made very welcome!



Join us at our inclusive, sensory aware, family services at:

### **Great Holland Methodist Church**

Main Road, Great Holland CO13 0SD

2<sup>nd</sup> Sunday of every month, 11am-12.00pm.

Come along for music and singing, videos, art & craft activities, refreshments and of course friendship.

Our first inclusive family service, on 13th September, was well attended with a lovely up-beat feel. The next one will be a Harvest celebration with Revd. Eva Walker and takes place on 11th October. Everyone welcome to join in.

For more details contact: Revd. Eva Walker 01255 851179

## News from Great Holland Methodist Church

Our film night with ice-cream and popcorn was very successful. Thank you to those who supported the event and helped with the refreshments.

## Forthcoming fun event at Great Holland Methodist Church:

Wednesday 11<sup>th</sup> November 6.45 for 7.00pm

Quiz Night with fish & chip supper

Tickets cost £5.00 and are available from Ivan on 671811 or Anne on 675065

PLEASE COME AND JOIN US!

## WHAT'S ON IN YOUR VILLAGE HALL?

Day	Morning	Afternoon	Evening
Sunday .	A Ec	- 400	
Monday	0 7 a B	Tendring Male Voice	Cardio Vascular
E m	0	Choir	6.45-7.30pm
2	STEP	3.00-4.30pm	
4	1200	Contact: Ilze	Pilates
	TENT	813909	7.30-8.30pm
36	Edy		Contact: Claudine
	100	NO MAN	862505
Tuesday	Fantari Dance and	Carpet Bowls	Links Karate
	Fitness	2.00-4.00pm	5.30-7.30pm
	9.30-10.30am	Contact: Les Miller	Contact: Paul Harris
	Contact: Sarah-Jane	671214	830136
	688740	**	
			Badminton
			9.00-10.30pm
	Gentle Tai Chi with	*	671300
	meditation		
	11.00am-12.30pm		
	Contact: Ruth		
	07724 133702		
Wednesday		The Coastal Singers	Aerobics
		(mixed voices)	7.00-8.00pm
		2.30-4.30pm	Contact: Claudine
		Contact: Ilze	862505
J. S.		813909	
Thursday	Tai Chi	48 5 6	Belly Dancing
	9.30am-12.30pm		7.00-8.00pm
	Contact: Des Exworth		Contact: Almeira
	679610		Carmichael
	(additional classes are		07900 241630 /
	available)		01255 678297
Friday	Beginners Tap		Links Karate
	11.15am-12.15pm		6.00-8.00pm
	Contact: Ester Altin		Contact: Paul Harris
	07785 728920	A A	830136
Saturday	Home Made Hour	189	
	10.00-11.00am		
1/20	1st Saturday of the month		
	(NOT January, February,	(a) \\ \\ \\ \\ \\ \\ \\ \\ \\ \\ \\ \\ \\	
	August or October)		
		hire of Village Hall	
£10 per hour.	Please contact Coralie Har	ris on 830136 to book. (Email:	Coralieh@live.co.uk) Updated January 201

**Updated January 2015** 

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Neither the Rector, Church Wardens, Parochial Church Council nor the Editors take responsibility for the information given in, or views expressed in, the "Great Holland Village Voice". Nor is any culpability accepted for work done by advertisers.



# GREAT HOLLAND RESIDENTS ASSOCIATION

Chairman: Paul Fletcher-Tomenius Vice-Chairman: Robert Caines

Treasurer: Denys & Lindy Strich Secretary: Louise Goodwin & Hazel Martin:

Planning Officers: John Poulton, Tom Sandy & Eddie Forrest

#### Dear Friends,

I received an anonymous letter a few weeks ago from a group of village residents. I would not normally do anything with anonymous letters but bin them or pass them on to the police if they threatened anything illegal. This one was different and I thought it should not be allowed to pass. The group comprises long term residents of the village who have not felt able to come forward about their concerns because they felt intimidated. Yes, "intimidated" and that is a real worry, don't you think? Residents of Great Holland actually feel they could be 'got at' if they spoke their minds openly. Are they serious? This isn't exactly the big evil city, is it?

Well, unfortunately, I think they are completely serious and I have taken their letter as an appeal to state their case. Put simply, they are heartily relieved that The Ship has closed! They love the village and they remember happier days at The Ship, but they also remember excessive noise, drunks in the street and people urinating over their garden walls late at night. They never felt able to lodge an official complaint, because they thought this would have consequences for them. I have no knowledge of these matters and I am not in a position to pass judgement. I can say this. If those things were going on then, unless it was the odd incident that we all have to accept from time to time, someone SHOULD have put their head over the parapet and reported it. I think it is difficult for older generations to do this, so someone else should have done. Problems do not go away on their own and we really must react.

Let me give you a recent example. The Great Holland Nursery site is next to our house. The other week, a drone suddenly appeared over our back garden, hovering, camera clearly visible. I couldn't believe it. When I first heard the noise, my wife thought it was an electric lawn mower. There we were, sunbathing by the pool together on a really lovely afternoon, suddenly having our privacy invaded by this toy! I strode round to the site, since I had heard someone arrive a little earlier. There was the site owner, together with a friend, operating their toy. A none too friendly conversation ended with me being asked to leave. I had said something like, "I am just asking you not to do it but, if you want to make an issue of it, then I will." The reply was, "You! What are you going to do about it?"

I left without answering. What I DID do about it was to report it to the police, file an official complaint with the Civil Aviation Authority and write a formal letter before action to both parties about the trespass. The police, our local PCSOs, did the usual thorough job of talking to the people concerned and keeping us informed of their actions. What they did was a breach of the law, which

requires these toys to be flown not closer than 50 metres to a person. That is quite a long way and makes the LEGAL use of the things around most gardens impossible. It is also trespass, which is actionable in the county court. It is not true what the web sites tell you that overflying is legal. Under 200 feet is not authorised and the law of trespass extends to your lower airspace, which is necessary for your reasonable enjoyment of your property. There is no difference between what these two people did and standing on high step ladders and poking a camera over your garden fence. Same principle and same law, so don't stand for it!

This drone also overflew another near neighbour on the same occasion, who also filed complaints. About a week later, there was a further incident involving yet other neighbours, who also reported the matter officially.

All of us felt the same way. This behaviour was anti-social, an invasion of our privacy and highly offensive on a personal level. It had to be stopped. We do not know yet whether it has, but any further legal action necessary to achieve that aim will be taken.

So, what I am saying is this. Put your head above the parapet and you will not be alone. If you are aware of someone else, like the residents that wrote anonymously to me, do something for them if they do not feel able to defend themselves. Do not turn the other cheek, because people who show lack of respect for others do not suddenly acquire it.

Finally, there is good news that The Ship is on the point of being acquired by village residents, who have great plans for the place. The new owners hope to address the next GHRA meeting on some of the detail. I will give them a copy of the letter that was sent to me and they will certainly not want such incidents to recur under their watch. If they do, then report it, please!

Paul Fletcher-Tomenius Chairman GHRA

#### MACMILLAN COFFEE MORNING

The Orchard Tearoom
Park Fruit Farm
Pork Lane, Great Holland

Friday, 9 October (from 10 a.m. onwards)

WORLD'S BIGGEST COFFEE MORNING

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Cake, tombola, raffle and games

Come along and bring a smile 
all proceeds going to Macmillan Cancer Support

## **Great Holland Pits Nature Reserve**

## An interesting marine record

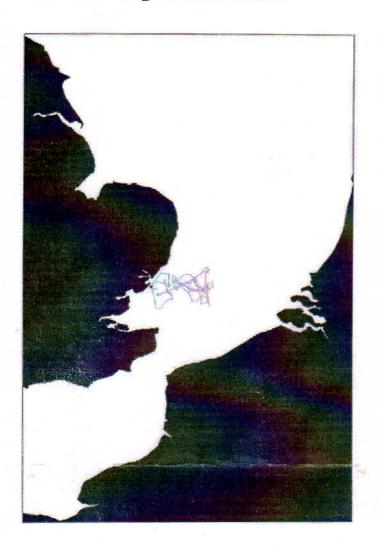




Figure. Track for ray 11260

This article relates to a wider zone than the parish of Great Holland, and is based on one which may be distributed to the wider audience of Essex Wildlife Trust. Many parishioners already know that I am warden of the Colne Point reserve at St Osyth as well as in the village.

During my regular walks on the beach at Colne Point I carry a sack and litter picking tongs to keep on top of the regular sea borne rubbish. On 25<sup>th</sup> May this year I spotted a fluorescent orange object on the tidal strandline, expecting it to be a float as used by anglers. However this was different, having some writing describing it as a fish tag, which carried a reward, and contact details for CEFAS, the Centre for Environment, Fisheries and Aquaculture Science. It had a unique record code 11,260.

Clearly according to the size of the tag this would not have been put on a small fish, and I guessed, correctly as it turned out that it had become detached from a Thornback Ray. I was interested to find out the information stored on the device and after exchanging emails, sent it to the laboratory in Lowestoft. I also revisited some notes I had taken at a conference about species monitoring, and found information on the worldwide web about fish tagging.

Eventually I received a letter from CEFAS describing the history of the device. A hundred such tags were attached to Thornback Rays and Cod on 20<sup>th</sup> January 2015. The individual was a male 69 cm. in length on release. Recordings of depth and temperature were recorded every 20 seconds and the spatial distribution and migration were also recovered. A map was produced describing a slightly erratic movement in the four months between being released near Walton On the Naze, and apparently becoming detached from the fish near the Gunfleet Sands, possibly by being snagged on a net or perhaps caught by a Seal. In that time it had wandered almost half way across the North Sea. The research was commissioned to monitor the possible effect of wind turbine arrays on commercial fish species.

Most sea fish exhibit some migratory nature, and they travel from the depths to high in the water column in order to employ or indeed to avoid the faster current near the surface. I heard a story at the species monitoring conference about a tag placed on a European Eel, which regularly changed its depth to avoid predators until it started to behave differently and the temperature was constant for an extended time. After the tag was recovered somewhere in the Atlantic Ocean it was speculated that the eel had been predated, perhaps by a shark, which had itself also perished.

CEFAS have retained my contact details and have promised to send reports of some of the findings of their research. The reward has duly been submitted to the Tendring local EWT group.

Bob Seago Warden

## CHRISTMAS TENDRING ACTIVITY DAY

Bradfield Community Centre (CO11 2UU)
Tuesday 17<sup>th</sup> November - doors open at 9.45am

SPEAKERS:

Roy Waters
' Stand by your beds'

Chris Honeyman
'The adventures of beekeeping'

Chris Miller 'Suffolk Punch Horses'

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Home baked produce stall, craft and other stalls, raffle. Refreshments and lunch available.

TICKETS (£7.50) ON SALE NOW - please ring Joan on 851069 to book

A GREAT DAY OUT!

#### Dr Carla Mahmoud Dr Mathew Kattukaran

Tel: 01255 861850 Fax: 01255 860330



Thorpe-le-Soken Surgery
High Street
Thorpe-le-Soken
Essex CO16 0EA

#### Thorpe-le-Soken Surgery Newsletter September /October 2015

We have started booking for flu jabs early this year with stock arriving in the surgery at the end of August. We have clinics at both Kirby and Thorpe and I would encourage you all to book early as there is not a limitless supply of the vaccine. If you are in one of the at risk groups, for example asthmatics, diabetic or young at heart but over 65 contact the surgery to make your appointment. The best way to avoid seasonal flu and its complications is to be vaccinated; we will also be offering certain patients that have not already had one the pneumonia vaccination.

You may have seen in the local press that we have welcomed our 2000<sup>th</sup> patient since opening the Kirby Branch, this is very good news for the surgery and we continue to plan for expansion in our list size.

We welcomed Doctor Emily Mott to the team in September so this will bring our team of doctors to four; supported by our two Practice Matrons, two Practice Nurses and three healthcare Assistants. The receptionists, dispensers and administration team work hard to ensure that the surgery runs smoothly. More changes at the surgery in September to report. Natalie our Practice Nurse left at the end of September, a new full-time replacement will be starting 1.10.2015. We will be saying goodbye to one of our receptionists Dee who is re-locating and welcoming a new receptionist to replace her. Dr Emily Mott will be working on Mondays and Fridays.

We have introduced a new appointment system at the surgery in order that we are able to prioritise our daily workflow. This means that there should be an appointment available on the day for folk who really need to be seen as soon as possible. We do get a large amount of requests for one clinician or another and we do our best to satisfy as many patients as we can, however it is simply not possible to offer the preferred clinician at every appointment. We are very lucky at Thorpe and Kirby to have our full complement of qualified GP's and other clinicians as this is not the picture across the NHS as I am sure you will have heard in the media. We do ask all our patients to be prepared to see any clinician at appointments as this helps us ensure that there are enough resources at both sites each day to meet the needs of our community.

There is a lot of information available on the surgery website and NHS Choices about where and how you can treat minor illness at home, the most usual coughs and colds in normally well adults can be treated with over-the-counter remedies and some very good medical advice is available from local pharmacists who are trained to deal with these matters. Of course we would not want to deter anyone from seeking help from the surgery but we do ask that everyone uses the services wisely so that it may continue excellent care.

So a final note as we say goodbye to the light nights and hello to frosty mornings, can I ask you all to consider if you could support our PPG group who meet every couple of months at Thorpe-le-Soken Social Club. These are very informal meetings and do not go on un-necessarily long but they are good way of finding out about what is going on locally with the NHS, how our local hospitals performing and if there are any consultation events occurring.

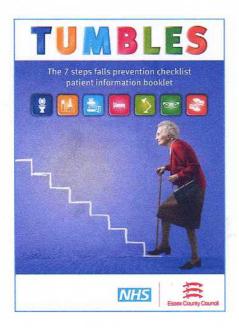
Kind Regards Karen Austen

Branch Surgery:

88 Frinton Road, Kirby Cross, Essex CO13 0HJ

Email: thorpelesoken.surgery@nhs.net Website: www.thorpe-le-sokensurgery.nhs.uk

VAT No: 879 1018 03



# New booklet launched aimed at reducing falls

A new information booklet that provides advice for individuals – as well as their families and friends – on how to reduce the likelihood of a fall is being launched across Essex.

Tumbles contains practical advice and a checklist that describes simple changes people can make to their lifestyle to reduce the risk of falling over. Each letter in TUMBLES stands for a word on the checklist for people at risk or their carers to use.

It has been produced in partnership by North East Essex Clinical Commissioning Group (CCG) and Essex County Council.

Sarah Westall – a Pharmacy Technician at the CCG – developed the initial concept for *Tumbles* in conjunction with Essex County Council's PROSPER project which is working with residential care & nursing homes on falls prevention.

She said: "Older people, particularly those with a variety of health conditions, do tend to slip and fall which often leads to severe consequences. We know from NHS figures that for every five people who fall and break their hip, one of them will die within three months. It is therefore vital that everyone is aware of the simple measures they can take to ensure elderly friends or relatives know what to do to stay safe in their home and the role they can play in helping or supporting them. If one person less has a fall and ends up in A&E at the hospital, it's worth doing."The booklet makes several recommendations in order to reduce the likelihood of a fall. They include:

- having your bed at the right height;
- ensuring there is adequate lighting;
- removing hazards that might cause people to trip;
- ensuring you have well fitted footwear;
- knowing about any side effects of different medication.

Copies of the booklet will be available from CCGs, GP practices and pharmacies or can be downloaded from the living well Essex website <a href="www.livingwellessex.org/staying-safe/safety-in-the-home/preventing-falls-in-the-home">www.livingwellessex.org/staying-safe/safety-in-the-home/preventing-falls-in-the-home</a> and from the North East Essex CCG site – <a href="www.neessexccg.nhs.uk">www.neessexccg.nhs.uk</a>

## Good cause update ...



The balloon race mentioned in the last edition of Village Voice was a great success and together with the dunking of David Eagle at the Village Fête, we have raised nearly £459.00.

Sadly none of the tickets were returned so someone independent picked a random number and the winner was Jamie Mann.

As you know, the money raised is going towards educating and feeding children in South Africa through the LionsRaw charity, I'm going out in the middle of October to spend some time and work with the charity. They have asked us if we can take out some dresses for the girls between the ages of 5 and 11 years. If anybody has any clothes that would fit children in that age group and are still in excellent condition, I would be happy to take them off your hands and donate them to the children in Africa.

Please let Sue Jenkins know on 01255 850317 by 10th October 2015.

## Friends and Neighbours of Great Holland

Our next meetings will be on Thursday 1st October and Thursday 5th November at 2 Great Holland Court (opposite the Village Hall), at 2.00pm. Everyone is welcome for tea, cake, friendly chat and to plan activities for future meetings. Please bring your knitting or sewing if you wish.

Phyllis Margetts (851118)

## **Tendring First Ladies**

We welcome everyone to this friendly group that usually meets on the first Monday of each month, at Frinton Methodist Church Hall (corner of Ashlyn's Road/Fourth Avenue). Meetings start at 2.30pm. £2.00 is charged at each meeting to cover the cost of the room hire. A speaker talks for about half an hour and then tea and home made cakes are served. There is also a raffle.

Monday 5th October

Special Care Baby Unit

Karen Moss



Monday 2<sup>nd</sup> November

The Cat and The Mouse
Jonathan & Jasmine Fraser

For more details please contact Fiona Robertson: 01255 679006 or e-mail: fiona348@btinternet.com

#### IN MEMORY

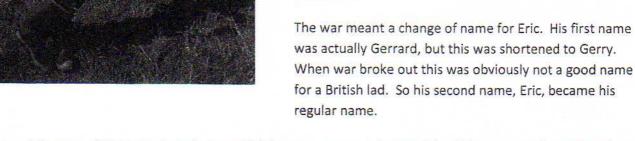


#### OCTOBER 1935 - JULY 2015

Eric was born in China, the fourth of five children, where his father Norman worked as a salt tax collector, and his mother Marjorie was the daughter of Quaker missionaries.

A few months later the whole family moved back to this country. Marjorie's father found them land in Great Holland which eventually became Park Fruit Farm and where Eric grew up with his elder sister Molly and later his younger brother Jim, his two other sisters dying at quite a young age.

was actually Gerrard, but this was shortened to Gerry. When war broke out this was obviously not a good name for a British lad. So his second name, Eric, became his regular name.



Around the age of 11 he started playing with Meccano, constructing models of his own creation rather than from the manual. His father encouraged this interest and eventually he and his brother had a whole room devoted to it and other engineering hobbies. Into his teens Eric became interested in cars and he acquired a Morris 8 in 1953 which he called Bessy.

About that time, late teens, his father became poorly and Eric took on more responsibility for the farm. He attended Writtle Horticultural College after which he became the de-facto fruit farmer. Thus his career was, to some extent, mapped out for him by circumstances. Had he not gone into farming, the possibility was that he would have had a successful career in engineering.

In 1973 Britain joined the European Union and the rules which had hitherto given some protection to British fruit growers were abolished. This was a near death knell to British fruit growers and most of them went out of business in the succeeding years, but Eric had an idea that might just enable him to continue for a bit longer. He started the farm shop, the rapid success of which was, to a great extent, the result of his personal charm. His retirement came gradually from the age of 62 as his son Stephen took over the farm.

In recent years Eric delivered the village magazine on his bicycle and was Treasurer of the Village Hall Committee.

Eric leaves a wife, Eileen, who he met while she was a student at the local teacher training college, and they were married in 1963 at Colchester Registry Office. His son Stephen was born in 1966 and daughter Louise the following year.

Park Fruit Farm employed many local people since the 1930s; permanent employees and also much casual labour at harvest time. Although he did not say so, I feel he was disappointed at the lack of an apple tree on the village sign. There is a ship? There is a windmill?

Eileen Elsworth



## Frinton & District Horticultural Society



OUR MEETINGS TAKE PLACE ON THE FIRST THURSDAY OF THE MONTH AT FRINTON METHODIST CHURCH HALL, FOURTH AVENUE, FRINTON-ON-SEA 7.00 for 7.30pm

Thursday 1st October

A talk by Matthew Tanton Brown
"Pruning Trees ans Shrubs"



Thursday 5th November

AGM
followed by Quiz

Competition: A Stem of Chrysanthemum

If you are interested in joining the Society, please come to one of our meetings or contact the Membership Secretary (Linda O'Reilly) on **852195**. The annual membership subscription is £7.



## Frinton & Walton Postcard Club

Our meetings take place at St Cedd's Hall, Old Road, Frinton-on-Sea at 7.30pm

Although this Club was started for those who collect, or are interested in, postcards, you do not need to have this as a hobby to join our friendly social evenings and enjoy the talks/presentations given by guest speakers on a wide variety of subjects. Visitors and potential new members will be made very welcome. The entrance fee to our meetings is £2 and includes refreshments.

Tuesday 13th October

Members' Competition with A Board of Your Choice

Tuesday 10<sup>th</sup> November

Members Evening

with Martin Young & Andrew Weston

For more details, or if you would like to become a member, please telephone John Barter on 852993 or Margaret Wilsher on 674134

#### RECIPES FROM DAYS GONE BY .....

A resident in Church Lane recently let us have sight of an old book entitled '380 Tried Recipes' which appeared to have been published by the Bellingham Presbyterian Church around the 1940s. The book had belonged to her mother in law who came from Northumberland. Having done some research on the web it seems that this church was in fact to be found in the village of Bellingham, Northumberland but, as with a lot of old buildings today, it has been turned into a private residence.

Some of the recipes are similar to ones found today, although some appear quite strange. To that end we thought our readers may be interested in 'having a go' at trying some of the more curious.

#### Saucer Cake

¼ lb flour: ¼ lb sugar: 2 eggs: 1 oz almonds (chopped): ¼ lb corn flour: ¼ lb butter: 1 tsp baking powder: 1 oz lemon peel: 1 oz cherries. Cream the butter and sugar, add beaten eggs, other ingredients and stir well. Bake in a moderate oven.

#### Manx Cake

Put the following into a saucepan. One teacupful of currants: one of seeded raisins: one of water: one of brown sugar: ½ teacupful of margarine: ½ teacupful of mixed spice: pinch of salt. Boil together for 3 minutes. Let it cool: add 1 tsp carbonate of soda dissolved in hot water: 2 teacupfuls of flour in which ½ tsp of baking powder has been sifted. Mix well and bake for 1 hour. (This had the word 'good' written by the side).

#### **Custard Pudding**

1 level tbsp corn flour: 1 level tbsp golden syrup: 1 level tbsp sugar: 1 egg: 1 pint boiling milk. Mix the corn flour, syrup, sugar and egg until smooth. Pour on boiling milk and stand the dish in a pan of hot water to keep the egg from curdling. Bake until a golden brown.

## COMING EVENTS AT PARKERS GARDEN CENTRE, KIRBY CROSS

9<sup>th</sup> October

**Christmas Preview Evening** 

6 p.m. – 8 p.m.

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(Double stamps on all purchases)

27th - 30th October

Pumpkin Scooping/Halloween

6<sup>th</sup> - 7<sup>th</sup> November

Trips to the 'Sea of Red' at Thorpe Nurseries

19<sup>th</sup> November

Late Night Christmas Shopping

10<sup>th</sup> December

Christmas Extravaganza Day

### STREET MEETS BY ESSEX POLICE

(Come and meet your PCSO and discuss any issues you may have)

Every Friday Morning at Gt. Holland Village Hall Manor Road, Gt. Holland 10.00 a.m. – 11.00 a.m.

#### INCIDENTS .....

I am unable to include all incidents that have been reported due to their sensitive nature (Reports from 13/07 - 18/09/2015).

1 x criminal damage to road sign in Hamilton Road
Unauthorised encampment on the Marshes
3 x nuisance – drone flying over properties – advice given
Nuisance noise
Highway disruption – road flooding

There have been a few burglaries of late in the Walton and Thorpe areas. Please be mindful of the security of your property.

#### OTHER

I would like to apologise for not being able to make the Gt Holland Fete. I was looking forward to getting gunged, but due to operational reasons I was unable to make it. I would like to say 'Thank You to David Eagles' for stepping in.

Also, I would like to let you all know that the mobile number that you could use to contact the PCSOs has been withdrawn. You can contact either me or Michele by calling 101, Extension 487553, or by email (see below).

Keep safe.

PCSO 70843 Paul Brassey PCSO 6477 Michele Diss Walton Police Station Martello Road Walton-on-naze paul.brassey@essex.pnn.police.uk michele.diss@essex.pnn.police.uk



Joining forces to launch Tendring Dog Watch scheme

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Dog walkers across Tendring are being encouraged to be the extra eyes, ears and paws in the effort to spot suspicious and anti-social behaviour. Essex Police and Tendring District Council

(TDC) are launching a brand new Essex Police initiative with a series of exciting events across the District.

Dog Watch is calling on dog walkers to take the lead and help Essex Police whilst walking their dog, and will be looking for volunteers to join them in a series of animal friendly events across the county. The scheme is a joint initiative with TDC and also includes countywide dog organisations such as DogLost.

The aim is to get volunteer walkers to call in any suspicious behaviour witnessed on their routes around Tendring to Essex Police on 101.

Dog Watch teams can be visited at the following venue:

Wednesday 7 October - Clacton Pier, Clacton on Sea, from 11am to 3pm.

Next year it will become law for all dogs to be micro-chipped and this is a good opportunity to get ahead of the regulations at no cost.

Information will be available from several local dog organisations and charities – and of course, four legged friends will be welcome on the day!

If you are interested in joining Dog Watch, please contact Paul Teague, Essex Watch Liaison Officer, on 101 extension 440222.

#### LOST CAT CALLED 'OLLIE'



Ollie escaped from his basket just over 6 weeks ago near the cattery in Pork Lane, Gt. Holland and disappeared. His owner has checked with people living nearby, searched around the area every day, put up some posters, reported him to vets, lost & found websites, etc. but nothing so far. He is not familiar with the area as his home is in Walton. He is 4 years old, black, neutered and micro chipped but hasn't got a collar. Could someone possibly be feeding him?

If anyone has information please get in touch with Ollie's owner Anette on 07906 463576.

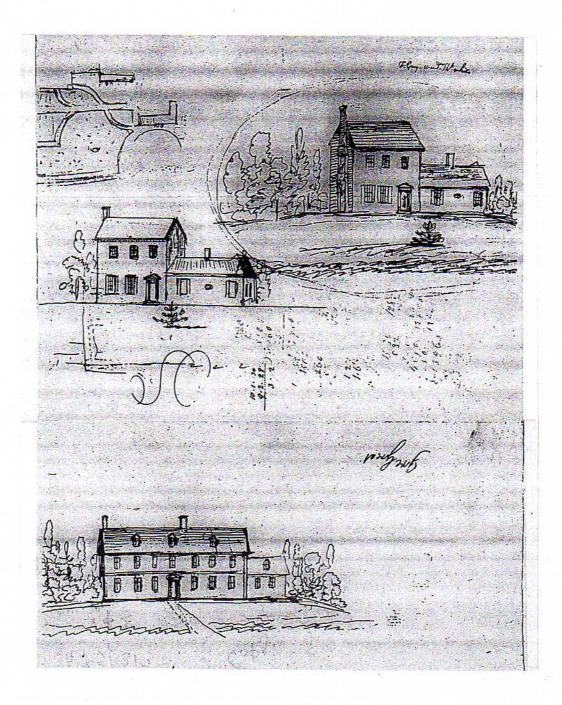
#### FROM THE ARCHIVES .....

#### MANOR FARM

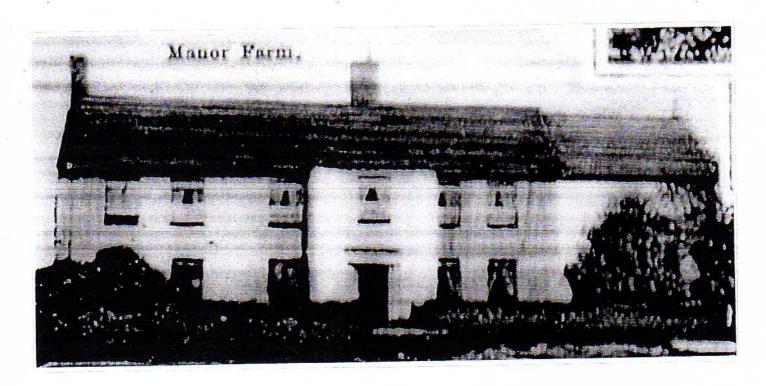
In this edition we are looking at some records of 'Manor Farm'.

Manor Farm (originally called 'White House Farm') stands on the site of the old Manor House, whose tenancy had been given by Henry VIII to Anne Boleyn's father and Treasurer of the King's Household, Sir Thomas Boleyn in 1525. Sir Thomas was given the use of the rents and property held by the lord of the manor at Great Holland. By 1545 Henry VIII had become lord of the manor himself, and it is recorded that a court was held here 1545 – 1602.

In 1794 we see the architects' impression of the new Manor Farm House as was to be built. The architects were T. Grey and S. W. White. (Original documents can be found in the Ipswich Records Office.)



It was reported in the Essex County Standard in September 1862 that there was to be a very important sale of belongings and effects of the late Samuel Wrinch, Churchwarden for many years. A marquee was erected in the farm grounds. The entire farming stock (including a number of prize-winning brood mares and a flock of sheep) and all the household effects (including furniture, linen, plate and the contents of the wine cellar) were to be sold. The Auctioneers assured the public that the stock and implements particularly deserved commendation. The horses were young, of good colour, fine symmetry, hardy in constitution and staunch workers. The late Mr. Wrinch had a reputation second to none as a breeder of true Suffolk stock; having obtained no less than six prizes at the Royal Agricultural Society's shows, apart from numerous other prizes at local shows. The flock of ewes had plenty of size and character and were, with the Tups (males), well deserving of the attention of purchasers. The agricultural implements, carriage, harness, etc. were in excellent condition and of superior class.



Having been asked to do some research on a 'Daking Bear', this has led to a link with Manor Farm. Dakin Bear was born on 5 January 1795. He married MaryAnn Mayhew on 1 January 1827. They had a son, Dakin Bear who married Emily Wilcox on 14 April 1864. They in turn had a son, Arthur Daking Bear, who was born in Great Holland on 4 December 1866 (this is confirmed in the National Census of 1871). In the Kelly's Essex Directory of 1878 Deakin Bear is registered as a farmer at Manor Farm, Great Holland. He eventually emigrated to New Zealand; married there in May 1897 and he died in 1955 in Tauranga, Bay of Plenty, NZ.

September 2015 Recorder Liz Bruce, Local History

#### LESSONS RETURN TO AN OLD SCHOOL

Have you ever wondered what happens to the buildings and the site when a village Primary School closes? This is something that happens nowadays when the number of young families in a village falls and there are simply not enough children to satisfy the local authority criteria for viability. I was fortunate enough to discover that the facilities and infrastructure are not always wasted, when I was looking for a suitable establishment to host some science lessons.

I am a tutor and sometime supply teacher of maths and science, and I was directed toward the beautiful village of Wormingford, situated on the Essex/Suffolk border, after my wife attended an Art course in the ex-primary school. What I discovered was that since closure in 2011, the school has been transformed into a Community Education Centre which hosts a wide range of courses for youngsters and adults. From academic courses in Chemistry and Biology to Hand bells and choral singing, from yoga and pilates to painting, drawing and felting.

The Wormingford Community Education Centre is a registered charity, run by a committed and enthusiastic team who share a passion for lifelong learning and community values. The facilities include all of the original school classrooms plus a brilliant new block of two spacious and bright new rooms with broadband, projection facilities and all one might hope for in a modern learning environment. I was so impressed by the centre and the people who make it possible that I was determined to try to become involved as a teacher in this fantastic enterprise.

We met a few times and a project began to crystallise, in the form of a Saturday School, offering small group classes in core school subjects. A small group of teachers, between them offer Mathematics, English and the three Science subjects. The idea is to offer secondary age pupils support in both GCSE and A level courses. The classes contain no more than six students, which means that individual needs and problems can be addressed so much more easily than in a large school group. This is a new approach which sits between the classroom environment and one to one tuition. Students are far less likely to be nervous or intimidated and are able to ask questions and participate more easily. With increased recognition of the need for youngsters to achieve the benchmark five GCSE's, Saturday Schools can play a valuable part.

The teachers involved enjoy the sessions, which are friendly and informal. Parents and other adults are encouraged to also sign up, either so that they can support their children, or simply for the love of learning.

For more information about Saturday School and Wormingford Community Education Centre, go to; www.wormingfordcec.org.uk or grahamleeks.co.uk

Graham Leeks Specialist Tutor

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(See new advertisement)

## TENDRING CATS PROTECTION

## **Grand Christmas Fayre**

McGrigor Hall, Fourth Avenue, Frinton-on-Sea



## Saturday 7th November

10.00am to 1.00pm

Christmas cards, diaries and calendars available along with lots of stalls with home made produce, handicrafts, raffle, tombola, gifts for you and your family.

Refreshments available

FREE admission but donations of cat food very welcome



## Connaught Social Club for the Blind and Partially Sighted

Do you have a sight problem? Finding it difficult to read the printed word or finding your way around with confidence? Would you like to join with others who have the same trouble? Did you know that there is a club for blind or partially sighted people held once a month in the Day Centre of Read House?

We meet on the second Tuesday of the month at 1.45pm and enjoy fellowship and a musical entertainment or a talk, followed by tea and home made cakes. The afternoon finishes at 4.00pm.

Transport is provided with a Community bus taking people there and back from their homes in Great Holland, Kirby, Walton, Frinton and Clacton.

We'd love to have some new members and can assure you of a warm and friendly welcome.

If you are interested in coming to our club, please contact me, Vera Price on 813202 for more information. I look forward to hearing from you.

## **Back to the Future**

## Looking again at the 'Sustainable Community Strategy for Tendring'

#### By Ben Eagle

The Local Plan continues to be at the forefront of conversations locally and so I thought that, for this article, I would continue to reflect upon where we may be heading. As an historian, it is perhaps an automatic method for me to look to previous work to find clues as to the kind of future we want to imagine. I want to return minds to ten years ago when a document with similar aims to the current Local Plan draft was put together. In 2006 a number of different organisations, including Tendring District Council, Essex County Council, Tendring Community Voluntary Services, Essex Police, Colchester Institute, North East Essex Primary Care Trust, Essex Federation of Small Businesses and the Learning and Skills Council, came together to research and write 'A Sustainable Community Strategy for Tendring'. The Chair of the Local Strategic Partnership (LSP), David Lines, wrote in the foreword to the document that the 'agenda is to address the key strategic issues likely to affect the future of the District over the next ten years' and that a key aim of the document is to establish a 'vision of what Tendring could be like in 2016'. With 2016 now on the horizon I thought I would briefly explore the authors' vision to assess how realistic it was and to outline any lessons we could learn when we put forward our views regarding the current Local Plan consultation.

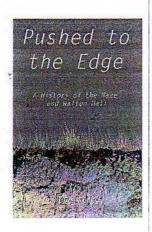
A key strength of the 2006 document was that it brought together a large number of influential organisations. A further strength was that it attempted to be as holistic as possible and looked to issues as diverse as health, the local economy, issues facing children and young people, crime and disorder, deprivation and the environment. It offered a 'joined up approach', connecting these issues, something that the new Local Plan needs to emulate if it is to be successful. It accepted that different localities in the district have different identities and needs and that local peoples' concerns and views need to be highlighted – again something that the Local Plan needs to acknowledge. It also noted that the focus should be placed on 'actions which will make a real difference to the quality of life of local residents'. Again, this is very important. The Local Plan should ensure that the quality of life of local people does not diminish over the next period of development and is preferably enhanced.

A weakness of the 2006 document was that, at times, it appeared rather vague in its output, something that is difficult to avoid with these kinds of documents. For example, it predicted that 'by 2016 Tendring will have a thriving and prosperous economy. All our residents will be able to access a safe and healthy quality of life in an attractive environment. Each of our communities will offer a range of new housing and other important services and facilities, and children and young people will have the opportunity to have a good start in life.' All of these things are commendable but are also fairly obvious things to strive for. The interesting part comes in the predictions the document made for key improvements to the area. Whilst the Walton Masterplan and Jaywick Regeneration Project have been stunted in their tracks, other projects such as the development of the offshore wind industry, Clacton's coastal defence work and Harwich's seafront improvements have been successful. There remains much to improve in terms of local health, education and public service provision, but there have certainly been improvements compared to life before 2006. We should be careful to balance negativity with

positivity when forging a plan for moving forward and acknowledge that vision can stimulate positive outcomes. We should learn from 2006 and create a plan that stimulates debate, thinks outside the box and generates a vision for the area that works for everyone, improves prospects for businesses, enhances quality of life and, critically, can be implemented in a practical way that puts local communities at its heart.

For those interested in reading the full 2006 document it is available online as a pdf. It can be found at: <a href="http://www.tendringdc.gov.uk/sites/default/files/documents/council/SustainableCommunityStrategy.pdf">http://www.tendringdc.gov.uk/sites/default/files/documents/council/SustainableCommunityStrategy.pdf</a>

#### Ben's new book



Ben has recently published a book about the history of the Naze in Walton, reflecting on how the Naze's environmental profile has influenced Walton over time and looking at how community and environment have interacted.

Dr Chris Gibson, who wrote the foreword for the book, has written: This book deserves to be read by anyone who has the slightest interest in this gem of the Essex coast, and especially by those whose views will shape our collective approach to its future.'

'Pushed to the Edge' can be bought at Caxton Books in Frinton, the Naze Tower and Walton Community Project Office in Walton as well as from Frinton and Walton Heritage Trust. It can also be purchased online at amazon.com, waterstones.com and completelynovel.com

## Do you enjoy ballet, theatre and opera?

Did you know that Century Cinema at 129 Pier Avenue, Clacton is one of numerous cinemas around the world at which you can enjoy LIVE screenings of productions from venues such as the Royal Opera House and the Royal Shakespeare Theatre? At around £12-£15 per person, tickets are a fraction of what you could pay at such venues. In addition, the sound and picture quality at the cinema are such that you almost feel you are there among the theatre audiences who are enjoying the productions simultaneously with you. The view from your cinema seat (aerial, close-ups, inside orchestra pit etc) is often superior to what you would have in the best theatre seats, and there is no journey home from London to worry about afterwards!

To find out more, visit www.centurycinema.co.uk



## Frinton







Thursday 15<sup>th</sup> October at 7.30pm Crime & Dine with Lynda La Plante

Internationally best-selling author, screenwriter and former actress, probably best known for writing the Prime Suspect television crime series.

Tickets £12.50, including Wine & Canapés



Friday 16th October at 8.00pm

An Evening with...Deborah Cadbury

The award-winning British author and BBC television producer will be talking about her latest book, Princes at War: The British Royal Family's Private Battle in the Second World War.

Tickets £10, including a glass of wine on arrival



Saturday 17th October at 12.30pm

The Philomena Dwyer Lunch with James Runcie

Author and creator of a series of books starring Sidney Chambers, the delightful vicar brought to life in the ITV series *Grantchester*.

Tickets £28, including 2 course lunch and coffee



Sunday 18th October at 3.00pm
Afternoon Tea with Deborah Moggach

Best-selling author of 18 novels, including the world famous The Best Exotic Marigold Hotel.

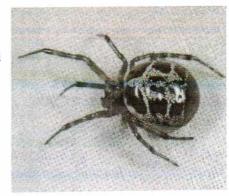
Tickets £28, including 2 course lunch and coffee

All events take place at Frinton Lawn Tennis Club

Tickets from Caxton Books & Gallery 37 Connaught, Frinton-on-Sea. 01255 851505 www.caxton-book.co.uk

## Warning ...!

Just to give local people a warning about the presence of False Widow spiders in this area. They bite when they feel threatened. It is recommended to go to A&E as it is painful (like a bad bee sting), and can lead to nasty side effects e.g. cellulitis or allergic reaction. The spiders have spread here from the south coast and are prevalent in this area. Look out particularly around windows (although they can also be found in cupboards hiding in clean washing brought in from the garden) and if any are seen spray with good quality crawling insect spray. They are not particularly large: search on internet for what they look like (white marbled appearance on body but can change depending on maturity).



Written by someone recently bitten three times by one of these venomous spiders!